THIS WEEK IN BERGEN CATHOLIC SPORTS

Happy Thanksgiving!

ENTER SANDMAN

NOVEMBER 18 – ORADELL, NJ – The eighth play of the game was a sweep to the left to Bergen Catholic senior running back #1, Kaj Sanders. When I saw the play, I thought to myself, that was CLOSE! It was close to being a very big play, and one could just sense it was going to come. While he gained five yards on that one, the Sandman ultimately put the lights out on the Donovan Catholic football season, rushing for 188 yards on 14 carries and three touchdowns. The two "big ones" were runs of 55 and 78 yards in which the sprinter speed in the Rutgers commit was on full display. Bergen romped 42-13, punching its ticket to the state final.

That's not to say it was easy, especially at first. The Griffins made an early first down and then punted, pinning Bergen down to its own seven. After Sanders ran for a first down, the Crusaders fumbled, and DC returned the ball for a touchdown to take an early lead.

BC's next offensive drive was uninspiring as well and the visitors drove from their 29 across midfield. The defense stopped the Donnies, but with a lead and feeling this was their "shot," on fourth and 11, DC elected to run a fake punt. The play put on display the Crusaders' tremendous team speed advantage as a wide-open looking play, turned into coming up six yards short.

Field advantage: Bergen Catholic. It seemed that opening was all the Crusaders needed as Dominic Campanile immediately went to work, finding TE John Morris for a 26-yard gain, placing the ball at the 22-yard line. Three plays later, Sanders was bursting into the end-zone for his first score.

TOUCHDOWN #1, COURTESY OF #1 & FRIENDS

After forcing a punt midway through the second, it took BC just nine seconds to score. Sanders exploded for 55 yards to kick off the Crusaders' second quarter scoring and the team began to roll. Guy Bartolomeo drilled his extra-point up high as Mr. Haas began ringing up $85 per football lost when he boots it over the 30' high netting into the "swamp."

The defense was stellar all day and Naiim Parrish tied his own personal record with his fifth interception of the season. Parrish had a twenty-five-yard pick six in the second quarter. It was like de ja vu all over, as he picked the same QB for 6 last season in the playoffs.

As the third quarter started, BC once again stopped the Griffins, but BC continued on a path to lose the time of possession battle. Campanile found Quincy Porter for another 9 second touchdown drive. This time, it was a 60-yard completion, helping QP to become only the second 1000-yard receiver in school history and break the all-time career receiving yards record.

IF YOU'RE LUCKY, YOU GET ONE CHANCE. BEST NOT TO MISS IT!

The teams traded possessions in the third and BC got the ball back with 1:32 remaining in the third. This would be a relatively "long drive" taking two plays and 42 seconds. The big one was the 78-yard turn-out-the-lights Sanders sprint.

Bergen would drive one last time in the fourth quarter with Campanile executing a scramble and finding Luca Cuttita in the endzone for six.

BIG "O" CELEBRATES CUTTITA'S CATCH.

The Crusaders will play for their third consecutive state championship (and 20th overall) on Tuesday, November 28, 2023, at 8:00 pm at MetLife Stadium. They will face the #2-seed Delbarton Green Wave who defeated Seton Hall Prep 38-23 in today's other semifinal game.

TEAM	1	2	3	4	TOT
#4 Donovan Catholic (9-2)	7	0	0	6	**13**
#1 Bergen Catholic (10-1)	7	14	14	7	**42**

PASSING

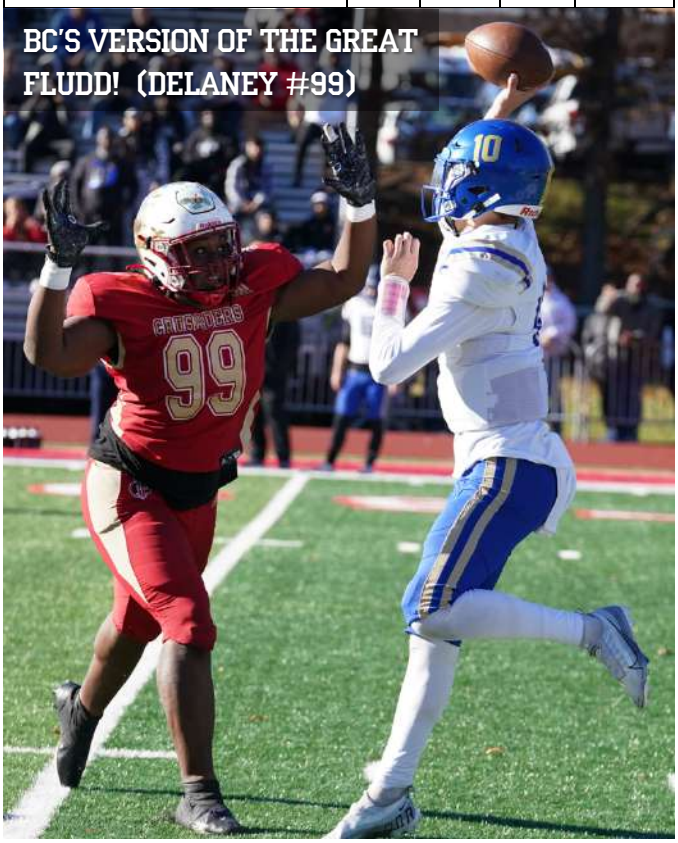
NAME	CMP	ATT	YDS	TD	INT	LNG
Dominic Campanile	8	17	131	2	0	60T
DONOVAN CATHOLIC	**9**	**15**	**76**	**0**	**1**	**28**

RUSHING

NAME	ATT	YDS	TDS	LONG
Kaj Sanders	14	188	3	78T
Anthony Perrotti	1	2	0	2
Dominic Campanile	3	-8	0	5
Kaden Irby-Mason	1	0	0	0
Dante Kain	3	7	0	6
Mujahid Russell	4	18	0	9
TOTALS	**27**	**220**	**3**	**78T**
DONOVAN CATHOLIC	**36**	**118**	**1**	**25**

RECEIVING

NAME	REC	YDS	TDS	LONG
Quincy Porter	2	68	1	60T
Kaj Sanders	1	0	0	0
Anthony Perrotti	4	18	0	9
Naiim Parrish	1	3	0	3
Luca Cutitta	2	18	1	11
John Morris	1	26	0	26


BC'S VERSION OF THE GREAT FLUDD! (DELANEY #99)

DEFENSE

NAME	TOT	SOLO	ASST	STFL	ATFL	SSACK	ASACK
Kaj Sanders	2	0	2	-	-	-	-
Anthony Perrotti	1	0	1	-	-	-	-
Naiim Parrish	2	2	0	-	-	-	-
Ethan Cohall	6	5	1	1	-	-	-
Elijah Kinsler	10	4	6	2	-	-	-
Christian Gonzalez	9	2	7	-	-	-	-
Brandon Gomez	2	1	1	-	-	-	-
Kaden Irby-Mason	9	1	8	-	-	-	-
Anthony Morales	3	2	1	1	-	1	-
Joshua Cruz	1	0	1	-	-	1	-
Jordan Thomas	4	0	4	-	-	-	-
DeAndre Orgill	1	0	1	-	-	-	-

NAME	TOT	SOLO	ASST	STFL	ATFL	SSACK	ASACK
Tim Hogan	1	0	1	-	-	-	-
Corey White	2	1	1	-	-	-	-
Mason Marck	3	1	2	-	-	-	-
Youssef Ouda	1	0	1	-	-	-	-
Mitchel Boateng	2	0	2	-	-	-	-
KJ Hackney	2	0	2	-	-	-	-
Steve Copeland, II	1	0	1	-	-	-	-
Jermaine Kinsler	1	0	1	-	-	-	-
CJ Edwards	2	0	2	-	-	-	-
Ben Carey	3	2	1		-	1	-
Delaney Fludd	8	1	7				

TAKEAWAYS/PASSES DEFENDED

NAME	INT	FF	YDS	TDS	PD
Naiim Parish	1	0	25	1	0
Ethan Cohall	1	0	0	0	0
Elijah Kinsler	0	0	0	0	1
Ryan Sarkar	0	0	0	0	1
Jordan Thomas	0	0	0	0	2
Joshua Cruz	1	0	0	0	2

PUNTS

NAME	NO	YDS	LONG	NET	AVG	IN 20
Brandon Arpacilar	4	128	53	32.0	32.0	0

KICKING

NAME	EXPTA	EXPT	FGA	FG	KO	TB
Guy Bartolomeo	6	6	0	0	7	3

RECORD BREAKERS

CAREER TOUCHDOWN RECEPTIONS: Quincy Porter (30) The junior receiver broke Aaron Martin's '99 career record of 19 and continues to set new marks with each TD.

SINGLE-SEASON TOUCHDOWN RECEPTIONS: Quincy Porter '25 (19) broke Aaron Martin's '99 single-season record of 16.

CAREER RECEIVING YARDS: Quincy Porter (1,561) passing JJ Kulcsar '13 (1,529).

TOP TEN CHARTS

CAREER TOUCHDOWN PASSES: #4 Dominic Campanile '25 (43), passes state champion QB Brian Saverino '03 and former NFLer Tanner McEvoy '11 (32).

CAREER TOTAL TOUCHDOWNS: #5 Dominic Campanile '25 (44) passes Rob Eckrote '09 (37).

CAREER PASSING YARDS: #5 Dominic Campanile '25 (2,986), passes state champion QBs Mike McGovern '88 and Steve Angeli '22.

CAREER COMPLETIONS: #4 Dominic Campanile '25 (212) passes 2x state champion QB Steve Angeli '22 (205).

CAREER RECEPTIONS: #2 Quincy Porter '25 (81) closing in on #1, JJ Kulcsar '13 (84).

CAREER INTERCEPTIONS: #4 Naiim Parrish '25 (10) ties Wolver Jean-Pierre '05 and John Rice '79.

CAREER KICKING POINTS: #7 Guytano Bartolomeo '25 (108) passes Giancarlo Carbonaro '22 (107).

CAREER FIELD GOALS: #5 Guytano Bartolomeo '25 (7), ties former state champion kicker Giancarlo Carbonaro '22 and Mike Halligan '10.

SINGLE-SEASON TOUCHDOWN PASSES: #4 Dominic Campanile '25 (29) ties former 2x state champion and Notre Dame Fiesta Bowl starting QB, Matt Lovecchio '00 (1998).

SINGLE-SEASON PASSING YARDS: #7 Dominic Campanile '25 (1,885) passes former state champion QBs Craig Pengitore '98 and Mark DeRosa '93.

SINGLE-SEASON TOTAL TOUCHDOWNS: #5 Dominic Campanile '25 (29) ties Mike Halligan '10 (2009).

SINGLE-SEASON RECEIVING YARDS: #2 Quincy Porter '25 (1,009) beomes second receiver in school history to reach 1,000 yards in one season.

SINGLE-SEASON RECEPTIONS: #5 Quincy Porter '25 (46) passes John Feaster '13 (45 in 2012) and state champion Isaiah Williams '05 (45 in 2022).

SINGLE-SEASON KICKING POINTS: #6 Guytano Bartolomeo '25 (63) ties Chris Hanly '03 (2001) and passes Chris Hanly '03 (59 in 2002)

SINGLE-SEASON FIELD GOALS: #4 Guytano Bartolomeo '25 (5), ties Darryle Pellegrino '89 and former state champion kickers Chris Hanly '03 and Dave Kuncio '07.

BASKETBALL TRYOUT SCHEDULE NOVEMBER 2023

Monday Nov. 20th

- ☐ Varsity 2:30pm-4:30pm
- ☐ Freshman 4:30pm-6:00pm
- ☐ JV 6:00-7:30pm

Tuesday Nov. 21st

- ☐ Varsity 2:30pm-4:30pm
- ☐ Freshman 4:30pm-6:00pm
- ☐ JV 6:00-7:30pm

Wednesday Nov 22nd

- ☐ Varsity 7:00am - 9:00am
- ☐ No Frosh
- ☐ No JV

WINTER SPORTS SCHEDULES NOW AVAILABLE ONLINE

NOVEMBER 19 – ORADELL, NJ – Crusader Winter Schedules are now available at **www.bergencatholic.org** for the following sports:

Basketball (Varsity, JV, Frosh)
Bowling (Varsity, JV)
Hockey (Varsity, JV)
Swimming
Wrestling (Varsity, JV)

A WORD ABOUT SPEAKING UP

NOVEMBER 18 – ORADELL, NJ – When do you speak up when something is amiss? You notice someone is injured and no one seems to notice.

As the Lord asked Cain about the whereabouts of his brother, Abel, Cain replied, "Am I my brother's keeper?" We know ABSOLUTELY WITHOUT QUESTION; the answer is YES.

On Saturday, a young man was in distress, and no one seemed to notice. A person came forward and helped to identify the situation and, after the young man was seen by a team physician, it was deemed he should be kept out of the game as he displayed symptoms of a possible concussion.

People face all types of challenges: in school, on the field/court/mat, with friend or classmates. Never think you are out of line trying to help. Speak up and alert someone if you or someone else needs help.

BIRD OF THE WEEK LIMPKIN

NOVEMBER 18 – ORADELL, NJ – This HAD to be the BOTW. Making news on Facebook, New Jersey 12, e-bird and other sources, this Limpkin is the **FIRST EVER RECORDED IN NEW JERSEY**. I received a number of texts from friends, family members and BC community members alerting me of this bird's presence which I GREATLY APPRECIATE.

The bird was last seen in the wild in Wall Twp./Manasquan before the Manasquan SPCA decided to help a bird allegedly, it deemed to be struggling with dehydration. Birders in the community are upset as they are concerned about when the government tries to help, well, you know. I'm sure we're all hopeful this bird will find its way back to Florida or Georgia where it most likely resides.

The gangly, brown-and-white Limpkin looks a bit like a giant rail or perhaps a young night-heron. Its long bill is bent and twisted at the tip, an adaptation for removing snails from the shell. Limpkins are tropical wetland birds whose range reaches into Florida. They specialize in eating apple snails, which they hunt both day and night, and they often leave telltale piles of snail shells at the edges of freshwater wetlands where hunting is good. This bird's haunting cries, heard mostly at night, are otherworldly and unforgettable.

The name Limpkin purportedly comes from the bird's gait, which appeared to early European settlers as a limp, perhaps when pursued by hunters with dogs. At such times, the usually stolid bird gallops away at unexpectedly high speeds.

The Limpkin's bill is uniquely adapted to foraging on apple snails. The closed bill has a gap just before the tip that makes the bill act like tweezers. The tip itself is often curved slightly to the right so it can be slipped into the right-handed curve of the snail's shell.

Want to learn more about birds? Join the Birding Crusaders OR visit https://www.allaboutbirds.org

BC AND THE MOVIES

NOVEMBER 19 – ORADELL – Thinking of things I love, a couple come to my mind: My God, my family, the BC family, birds and movies. As we get into this Thanksgiving Season, I thought I would share some of my recommendations of movies with Bergen Catholic connections (and a couple of others). I will challenge you to identify the connections for all except the first, which I just saw.

The title is **TRINITY'S TRIUMPH,** and it is based upon a book written by Dr., Fr. Stephen Fichter, BC '84. You can find it on Apple TV and a myriad of other sources. The movie is about three young men discerning their calls to the priesthood and other vocations. I am so proud to know that this movie, starring Emmy-award winner Joe Morton (Terminator 2: Judgement Day, Speed, American Gangster) was written by a BC alum.

I would describe it as thoughtful, chock full of mature conversations and realistic challenges that a young man may very well encounter when entering ordained life.

I think it opens an opportunity for us all to see the humanity in religious life without it being an opportunity for someone to offer a punchline. It also offers an opportunity to examine how to deal with extra-ordinary difficulties in life in an emotionally healthy, mature way.

Believe it or not, I watched the movie after watching **BARBIE** (the movie). I can't believe I did it, but an anonymous teacher said, "I pity the fool who doesn't watch this movie." Strangely enough, the Barbie movie actually has a similar theme to Trinity's Triumph, encouraging us to wake up from our non-stop party life (or thinking we are living in a non-stop party) and start to embrace our true identities and relationships.

OK. So here are some of my recommendations for Thanksgiving Weekend Movies if you want to be that kind of person. There is a BC next to the ones that have a Bergen Connection. I'll leave it to you to discover what it is.

PLANES, TRAINS and AUTOMOBILES – Aside from a few choice words, a classic, heartfelt dramedy sure for almost anyone to love. Steve Martin and John Candy, a dynamic duo for sure.

THE BIG YEAR – You know I had to recommend this one: Steve Martin, Owen Wilson, Jack Black , Rashida Jones, Rosamund Pike, John Cleese and Anjelica Huston tell a fictional version of real-life Fair Lawn's Sandy Comito and his quest to see as many bird species as possible in a single year.

DECEMBER 30, 2020 – SNOWY OWL, BRIGANTINE, NEW JERSEY

EXTRAORINARY MEASURES – Harrison Ford, Brendan Fraser and Keri Russel star in this inspirational story of a BC's family's fight to save their children.

THE SANDLOT – A BC guy plays the role of one of the antagonists in this comedy about kids growing up and playing baseball.

THE BAD NEWS BEARS – A BC guy plays a noteworthy role in this Walter Matthau classic from the '70s. Language and themes might be a little too 20th century for 2023…

GREYHOUND – Tom Hanks' creation on Apple TV includes a speaking part with Tom, of a BC Football Alum.

COME FROM AWAY – Only on Apple TV, the Broadway Musical stars a BC alum who, along with the entire case retells a story from 9-11-01 that you might not know.

I'm sure there are many other movies BC family members have collaborated. These are just a few of which I am aware.

Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God, grant me the
Serenity to accept the things I cannot change,
Courage to change the things I can and
Wisdom to know the difference.
Amen.

The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

Blessed Edmund Rice

Creator God, we thank you for the life and work of this gifted man, Blessed Edmund Rice. He opened his heart generously to Christ present and appealing to him in the poor who were oppressed by poverty and injustice. May we follow his example of faith and generosity. O God, give us the courage and compassion of Blessed Edmund as we seek to support one another, protect the vulnerable and care for the earth, our common home. We make this prayer through Jesus Christ Our Lord. Amen.

Apostles' Creed

I believe in God, the father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church and the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen

The Golden Rule

Love one another as I have loved you.

Philippians 4:13

I can do all things through Christ who strengthens me.

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is ***the will of Him who sent me,*** that I shall lose none of all those He has given me but raise them up at the last day.

make me a channel of your peace (prayer of st. francis)

¶1 Make me a channel of your peace
Where there is hatred let me so your love
Where there is injury, your pardon Lord
And where there's doubt true faith in You.
¶2 Make me a channel of your peace
Where there's despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy.
¶3 Oh, Master grant that I may never seek
So much to be consoled as to console.
To be understood as to understand.
To be loved as to love with all my soul.
¶4 Make me a channel of your peace.
It is in pardoning that we are pardoned
In giving to all men that we receive
And in dying that we're born to eternal life.
¶3
¶2

PRAYER FOR PEACE

(ESPECIALLY FOR RUSSIA AND UKRAINE)

Lord Jesus Christ, who are called the Prince of Peace, who are yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace. Make all men and women witnesses of truth, justice, and brotherly love. Banish from their hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace. May all peoples on the earth become as brothers and sisters. May longed for peace blossom forth and reign always over us all.
Amen

- Pope Saint John Paul II

an irish blessing

May the road rise up to meet you.
May the Wind be always at your back.
May the sunshine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and Kindle in them the fire of your love. Send forth your Spirit and they shall be created, and You shall renew the face of the earth.
O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit, we may be truly wise and ever enjoy in Her consolations through Christ Our Lord, Amen.

Superman Grace Before Meals

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.

And for our daily bread
When we need to be fed.
We thank you Lord, for giving us food.
Duh, Duh, Duh, Duh, Dum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh.
Duh, duh, duh, duh.
Duh, duh, duh, duh, SNAP, SNAP.

LITURGICAL CALENDAR 2023

- ORDINARY TIME (Jan 6-Feb 21)
- ASH WEDNESDAY (Feb 22) LENT
- HOLY WEEK (Apr 2-8)
- HOLY THURSDAY (Apr 6)
- GOOD FRIDAY (Apr 7)
- EASTER (Apr 9)
- PENTECOST (May 28)
- ORDINARY TIME (Jun 4- Dec 2)
- ADVENT (Dec 3 – Dec 24)
- CHRISTMAS (Dec 25 – Jan 7, 2024)

Footprints in the Sand

One night I dreamed a dream.
As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.
For each scene,
I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.

After the last scene of my life flashed before me,
I looked back at the footprints in the sand.
I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.

This really troubled me, so I asked the Lord about it.
"Lord, you said once I decided to follow you,
You'd walk with me all the way.
But I noticed that during the saddest and most
troublesome times of my life,
there was only one set of footprints.
I don't understand why, when I needed You the most,
You would leave me."

He whispered, "My precious child, I love you and will
never leave you
Never, ever, during your trials and testings.
When you saw only one set of footprints,
It was then that I carried you."

The Ten Commandments

I am the Lord your God: you shall not have strange gods before me.
You shall not take the name of the Lord your God in vain.
Keep holy the Lord's Day.

Honor your father and mother.

You shall not kill.
You shall not commit adultery.
You shall not steal.
You shall not bear false witness against your neighbor.
You shall not covet your neighbor's wife.
You shall not covet your neighbor's goods.

"Rivers do not drink their own water, trees do not eat their own fruit, the sun does not shine on itself, and flowers do not spread their fragrance for themselves. Living for others is a rule of nature. We are all born to help each other. No matter how difficult it is, life is a good when you are happy, but much better when others are happy because of you."

Pope Francis