TWIBCS

This Week in Bergen Catholic Sports

CRUSADERS START 2023 SEASON STRONG

2023 Crazies are in the house at Count Basie Field!

August 25 – Red Bank, NJ – There were jitters. The opening two and a half minutes of BC's 2023 debut were filled with missed assignments and turnovers by both Bergen and their hosts, the Caseys of Red Bank Catholic.

Here come the Crusaders!

But BC finally capitalized with a 28-yard Guytano Bartolomeo field goal and the Crusaders had a 3-0 first quarter lead.

The first three points of the 2023 Season!

With the help of a stifling defense and an offense that was starting to hit on all cyllanders, BC opened things up in the second quarter. The first score was a 39-yard sprint from senior running back Kaj Sanders followed by a Bartolomeo PAT.

A Pancake with a side order of Kaj! BC's first TD os 2023.

Senior LBer Christian Gonzalez #10 delivers a textbook perfect tackle on a Casey ball carrier in the first quarter.

While the Caseys were determined to contain junior receiver Quincy Porter, BC showed they had too many weapons as junior QB Dominic Campanile connected with classmate Anthony Perrotti for a 35-yard scoring strike.

Hey now! Anthony Perrotti hauling in DC's first touchdown pass of 2023 to help put BC up 17-0.

Unfortunately, the very end of the second quarter was marred by a non-contact injury to senior safety Chris Mimmo who was lost for the remainider of the evening.

In the meantime, the offense continued to operate, churning out 303 total yards, including an 11-yard TD run by Sanders. Guytano finished off his day with 6 points (perfect 1/1 FG and 3/3 PATs) and he drove two of his five kickoffs into the endzone for safeties as well.

Defensively, BC was fast and played relentlessly to the ball containing Red Bank to just 188 total yards in offense. If not for an unfortunate penalty late in the fourth quarter, it seemed likely the Crusaders would post a shut-out to start the year. When you play quality opponents, they hold you accountable and NJ's #9 ranked Caseys did just that with a TD to get on the scoreboard.

Quincy in space. GOOD LUCK 18!

PASSING

NAME	CMP	ATT	YDS	TD	INT	LNG
Dominic Campanile	17	26	165	1	1	35
RBC	**9**	**21**	**125**	**0**	**0**	**24**

RUSHING

NAME	ATT	YDS	TDS	LONG
Dominic Campnanile	2	1	0	1
Kaj Sanders	9	81	2	39
Mujahid Russell	12	41	0	7
Dante Kain	6	17	0	7
Max Cioffi	1	4	0	4
TOTALS	**30**	**144**	**2**	**60**
RBC	**28**	**64**	**1**	**43**

RECEIVING

NAME	ATT	YDS	TDS	LONG
Anthony Perrotti	6	56	1	35
Naiim Parrish	2	21	0	12
Quincy Porter	4	47	0	21
John Morris	2	25	0	13
Luca Cuttita	1	12	0	12
Michael Campanile	2	-2	0	2
TOTALS	**17**	**159**	**1**	**95**
RBC	**9**	**124**	**0**	**61**

DEEFENSE

NAME	TACK	SOLO	SACK	TFL	INT	FR
Kaden Irby-Mason	0	0	1	0	0	0
Ethan Cohall	0	0	2	1	0	0
Elijah Kinsler	0	0	1	0	0	0
Anthony Morales	0	0	1	0	0	0
TOTALS	**-**	**-**	**5**	**1**	**-**	**1**
RBC	**72**	**32**	**1**	**3**	**1**	**1**

Photos by Mr. John Hund '79 and Mr. Joe Haemmerle '86

Athletic Director and DB Coach, Mr. McGovern is very happy with the Game One result.

BERGEN CATHOLIC HIGH SCHOOL
CRUSADER CROSS COUNTRY
2023 ROSTER AND SCHEDULE

Head Coach: Mr. Joshua Powers

Name	Grade	Name	Grade
Danile Calianese	11	Dylan Brady	9
Christian Choi	11	Benjamin Cha	9
Sean Keating	10	James Butto	9
Liam McDevitt	10	Jackson Hermann	9
Max Yoo	10	Byron Kwon	9
		Lorenzo Lee	9
		Tristan Ruffino	9

Day/Date	Time	Opponent/Event	State	Venue
Sat, Sep 9	TBD	Season Opener	NJ	Darlington Park
Wed, Sept 13	4:30 PM	BNC Batch Meet	NJ	Darlington Park
Sat, Sep 16	TBD	Back to the Mountain	NJ	Garret Mountain
Sat, Sep 23	7:30AM	Six Flags Invitational	NJ	Six Flags, Jackson
Sat, Sep 30	TBD	New Balance Shore Coaches Invit.	NJ	Holmdel County Park
Tue, Oct 3	4:30 PM	BNC Divisional Championship	NJ	Darlington Park
Sat, Oct 14	9:00 AM	Bergen County Group Champ	NJ	Darlington Park
Sat, Oct 21	11:40 AM	Bergen Meet of Champions	NJ	Darlington Park
Tue, Oct 24	4:00 PM	Doc Braver Championship	NJ	Darlington Park
Sun, Oct 29	TBD	NJCTC Championships	NJ	Oak Ridge Park, Clark
Sat, Nov 4	TBD	State Group Championships	NY	Holmdel County Park
Sat, Nov 12	TBD	State Meet of Champions	NJ	Holmdel County Park
Sat, Nov 25	TBD	Northeast Regional Qualifying	NY	Bowdoin Park

BERGEN CATHOLIC HIGH SCHOOL
2023 VARSITY FOOTBALL CRUSADERS

No	Name	Pos	Year	Ht	Wt
0	Quincy Porter	WR	JR	6' 4"	205
1	Kaj Sanders	RB/DB	SR	6' 2"	190
2	Anthony Perrotti	WR/DB	JR	5' 11'	175
3	Christopher Mimmo	DB	SR	5' 9"	170
4	Michael Campanile	WR	JR	5' 9"	160
5	Naiim Parrish	WR/DB	JR	5' 11"	175
6	Luca Cuttita	WR	SR	6' 2"	185
7	Ethan Cohall	DB	JR	5' 11"	190
8	Elijah Kinsler	DL	SR	6' 4"	255
9	David Matesic	LB	JR	6' 1"	205
10	Christian Gonzalez	LB	SR	6' 1"	220
12	Brandon Gomez	DB	SR	5' 9"	175
13	Devan Zitt	QB	SO	6' 1"	170
14	Kaden Irby-Mason	RB/LB	JR	6' 0"	195
15	Anthony Morales	DL	SR	6' 2"	240
16	Shane Hanlon	WR/DB	JR	5' 11"	185
17	Dominic Campanile	QB	JR	6' 1"	195
18	John Morris	TE	JR	6' 4"	215
19	Christopher Conte	QB	SR	6' 0"	180
20	Dante Kain	RB/LB	SO	5' 11"	200
21	Jordan Thomas	WR/DB	SO	6' 1"	175
22	Max Nizza	RB	SO	5' 6"	150
23	Mujahid Russell	RB	JR	5' 10"	185
24	Anthony Willis	WR/DB	FR	6' 1"	175
25	Brandon Arpacilar	K/P	SR	6' 0"	175
26	Jaden Sinclair	LB	SR	5' 11"	205
27	Peter Vafiadis	K/P	JR	5' 11"	170
28	Petros Rouggeris	DB	SO	6' 1"	175
29	Joshua Cruz	DB	SO	5' 8"	155
30	Devin Hasan	WR	SO	5' 7"	150
31	Sal Livoti	WR/DB	SO	5' 10"	170
32	Jaiden Estrella	RB	SR	5' 8"	185
33	DeAndre Orgill	DL	SO	6' 1"	230
34	Carlos (CJ) Zayas	LB	SR	5' 11"	185
35	Grayland Meeks	DB	SO	5' 8"	135
36	Justin Diaz	DB	SO	5' 4"	130
37	Guytano Bartolomeo	K	JR	5' 10"	170
38	Rickie Richardson	DB	SO	5' 9"	150
39	Edward Stoker	RB	JR	6' 3"	170
40	Timothy Hogan	LB	SO	6' 0"	205
41	William Dodds	LB	JR	6' 1"	190
42	Corey White	DB	JR	5' 8"	160
43	Christian Cirilo	DB	SR	5' 11"	170
44	Mason Marck	LB	SO	6' 0"	225
45	Max Cioffi	TE/RB	SR	5' 9"	195
46	Zachary Reese	LB	SO	6' 1"	180
47	Youssef Ouda	LB	SR	6' 2"	190
48	Matthew Daly	TE	JR	5' 11"	185
49	Jackson Kolomer	TE	SO	6' 0"	200
50	Marcus Linder	OL	SR	6' 1"	255
52	Miguel Visbal	DL	JR	6' 2"	195
53	Travis Nodelman	OL	SO	6' 0"	280
54	Mitchel Boateng	LB	SR	5' 10"	205
55	Ryan Sarkar	DL	SO	6' 2"	230
56	Chris Vigna	OL	JR	6' 4"	275
57	Steven Copeland II	LB	JR	5' 11"	205
58	Kaden Blount	LB	SO	5' 6"	200
59	Dylan Carrick	LB	SO	6'1 "	190
60	Preston Brady	OL	SO	5' 5"	200
61	David Shim	OL	SO	6' 2"	250
62	Matthew Baitala	LB	SO	5' 7"	165
63	Panagiotis Stathis	LB	SO	5' 10"	170
64	Owen Fernandez	OL	SR	6' 1"	260
66	Hudson Brennan	OL/DL	SO	6' 5"	265
70	Jaiden Santiago	OL	JR	6' 2"	260
71	Rocco Costello	OL	SO	6' 2"	255
72	Dylan Kim	DL	SO	6' 0"	265
74	Harold Kang	OL	SO	6' 0"	245
75	Ben Shue	OL/DL	JR	6' 2"	285
77	Mikey McMahon	OL	SO	6' 5"	290
79	Nyier Daniels	OL	SR	6" 8"	315
80	Michael Delpome	TE	SR	6' 0"	200
81	Anthony Tomic	WR	SO	5' 8"	165
82	Tom Foley	WR	SO	5' 7"	150
83	Jake Carcich	WR	JR	6' 3"	180
84	Ethan Shropshire	DB	SO	6' 0"	165
85	Matteo Alessandra	DB	SO	5' 6"	145
86	Charles Gusette	WR	SO	5'9"	175
87	Blake Young	WR	JR	5' 11"	160
88	Jermaine Kinsler	DL	SO	6' 7"	260
89	Robert Reynoso	DB	SO	5'9	160
90	Greg Matute	DL	JR	6' 3"	270
91	Landon Smith	DL	SO	6' 4"	215
92	Ryan Kim	DL	SO	5' 9"	195
93	Oliver Campbell	DL	SO	5' 8"	165
94	Carmelo Calabro	K/P	SO	5' 6"	145
95	Brandon Wilson	DL	SO	6' 2"	230
96	Christopher (CJ) Edwards	DL	SO	6' 5"	205
97	Benjamin Carey	DL	JR	6' 0"	215
98	Mac Fitzgerald	DL	SO	6' 5"	245
99	Delaney Fludd	DL	JR	6' 3"	285

HEAD COACH: VITO CAMPANILE

Bergen Catholic High School – 1040 Oradell Avenue, Oradell, NJ 07640 – 201-261-1844 - www.bergencatholic.org

Founded and staffed by the Edmund Rice Christian Brothers.

BERGEN CATHOLIC HIGH SCHOOL
2023 FRESHMAN FOOTBALL CRUSADERS

No	Name	Year
3	Bryan Porter	FR
10	Aiden Talley	FR
16	Jack Woods	FR
17	Austin Busso	FR
18	Chace Jasinski	FR
19	Jamel Hammary	FR
20	Tristan Herring	FR
23	Faheem Lipscomb-Ausbon	FR
24	Amare Newell	FR
25	Nicholas Mauro	FR
27	King Jackson	FR
30	Liam Ericksen	FR
32	Jonah Flournoy	FR
33	Jalen Johnson	FR
34	Anthony Martino	FR
35	Jacob Aydin	FR
36	Audie Mickens	FR
37	Alexander Kavallieratos	FR
39	Cole Bielen	FR
40	Robert Banks	FR
41	John De Los Santos	FR
45	Che Patrick	FR
46	Daniel Graziano	FR
47	Emmett Carney	FR
48	Justin Choi	FR
49	Michael Raccuia	FR
53	Eamon Errity	FR
55	Kenneth Hackney	FR
56	Alexander Quinones (Red)	FR
58	Alexander Quinones (White)	FR
62	Finn Gilleece (Red)	FR
70	Finn Gilleece (White)	FR
71	Marlon Williams	FR
73	Charles Carcich	FR
76	Thomas Esposito	FR
79	Connor Long	FR
80	Nathanael Vasquez	FR
81	Joseph Adamek	FR
82	Alexander Zuna	FR
84	Joseph Gallucci	FR
85	Ashton Dibella	FR
86	Charlton Park	FR
89	Kenneth Johnson	FR
90	Isaac Hsiao	FR
92	Ikaika Moler	FR
93	Tyler Morris	FR
95	Michael Giordano	FR
96	Hunter Gillon	FR
97	Aidan Cosgrove	FR
98	Aid Ahmeti	FR

HEAD COACH: DAVE CAVALLUZZO

2023 BERGEN CATHOLIC VARSITY FOOTBALL SCHEDULE

Date	Time	Opponent	State	H/A/N	Venue
Friday, August 25	7:00 PM	Red Bank Catholic	NJ	A	Count Basie Park
Saturday, September 2	1:00 PM	Iona Prep	NY	H	The Jack
Friday, September 8	7:00 PM	Chaminade-Madonna HS	FL	A	Chaminade-Madonna
Saturday, September 16	1:00 PM	Seton Hall Prep	NJ	A	Msg.r Kelly Athletic Complex
Friday, September 22	7:00 PM	Don Bosco Prep	NJ	A	Granatell Stadium
Saturday, September 30	1:00 PM	DePaul Catholic	NJ	H	The Jack
Saturday, October 14	1:00 PM	St. Joseph Regional	NJ	H	The Jack
Friday, October 20	7:00 PM	St. Peter's Prep	NJ	A	Cochrane Field
Friday, October 27	7:00 PM	Paramus Catholic	NJ	A	Paramus Catholic
November 3 or 4	TBA	Non-Public "A" Round 1	NJ	TBA	Higher seed
November 10 or 11	TBA	Non-Public "A" Quarterfinal	NJ	TBA	Higher seed
November 17 or 18	TBA	Non-Public "A" Semifinal	NJ	THA	Higher seed
November 26, 27 or 30	TBA	Non-Public "A" Final	NJ	N	MetLife or Rutgers Stadium

2023 BERGEN CATHOLIC JUNIOR VARSITY FOOTBALL SCHEDULE

Date	Time	Opponent	State	H/A/N	Venue
Monday, September 4	10:00 AM	Iona Prep	NY	A	Iona Prep
Monday, September 11	4:00 PM	Delbarton School	NJ	A	Delbarton School
Monday, September 18	4:00 PM	Seton Hall Prep	NJ	H	The Jack
Monday, September 25	4:00 PM	Don Bosco Prep	NJ	H	The Jack
Monday, October 2	4:00 PM	DePaul Catholic	NJ	A	DePaul Catholic
Monday, October 16	4:00 PM	St. Joseph Regional	NJ	A	St. Joseph Regional
Monday, October 23	4:00 PM	St. Peter's Prep	NJ	H	The Jack
Monday, October 30	4:00 PM	Paramus Catholic	NJ	H	The Jack

2023 BERGEN CATHOLIC FRESHMAN FOOTBALL SCHEDULE

Date	Time	Opponent	State	H/A/N	Venue
Saturday, August 19	12:00 PM	St. Joseph Prep (scrimmage)	PA	H	The Jack
Saturday, September 2	10:00 AM	Iona Prep	NY	A	Iona Prep
Saturday, September 9	9:30 AM	Delbarton School	NJ	A	Delbarton School
Saturday, September 16	9:30 AM	Seton Hall Prep	NJ	H	The Jack
Saturday, September 23	9:30 AM	Don Bosco Prep	NJ	H	The Jack
Friday, October 6	4:00 PM	Malvern Prep	PA	H	The Jack
Saturday, October 14	9:30 AM	St. Joseph Regional	NJ	A	St. Joseph Regional
Saturday, October 21	9:30 AM	St. Peter's Prep	NJ	H	The Jack
Saturday, October 28	9:30 AM	Paramus Catholic	NJ	H	The Jack

BERGEN CATHOLIC CRUSADER SOCCER ROSTERS

VARSITY 2023

HEAD COACH: Peter Berkanish

Assistant Coaches: Steve McAnulty, Randy Pearce, Ivan Rojas

0	John Paul Sinagra (GK)	SR	**9**	Sebastian Ortega	SR	**19**	Matthew Avalone	SR
1	Andrew Blodgett (GK)	SR	**10**	Ryan Chong	SR	**20**	Joseph Maimone	JR
2	Kevin Schliem	SR	**11**	Tyler Ferris	SR	**21**	Jorge Espinosa	JR
3	Luca Nazor	SR	**12**	Ken Hoang	SR	**22**	Antonio Mamsaang	JR
4	Justin Botta	SR	**13**	Aiden Waterman	SO	**23**	Antonio Gomes	SR
5	Cosimo Tristani	SR	**14**	Daniel Dictenberg	SR	**24**	Joseph Lee	SR
6	Daniel DeBono	JR	**15**	J'Niles Simpson	SR	**25**	Jonah Kim	SO
7	Guglielmo Picariello	SR	**16**	Brandon Quirizumbay	SR	**27**	James Melia	SO
8	Graham Ewers	SR	**17**	Nico Angione	SR	**30**	Andrew Coyne	SO

JUNIOR VARSITY 2023

JV Coach: Patrick Hogan

0	Thomas Harmke (GK)	SO	**9**	Kieran Ewers	SO	**24**	Thomas Mcanulty	SO
1	Nate Johnston (GK)	JR	**10**	Christian Roche	JR	**28**	Quinn Caulfield	SO
3	Owen McAuley	SO	**14**	William Vozzolo	JR	**30**	John Flynn	SO
4	Ben Calderon	SO	**16**	Max Lahoud	JR	**31**	D'Angelo Tavarez	SO
5	Michael Loughlin	SO	**20**	Kieran Farley	JR	**32**	Aaron Botta	SO
6	Joseph Gugliotta	SO	**21**	Jace Morales	SO	**33**	PJ Sorrentino	JR
7	Thomas Santos	JR	**22**	Matthew Moya	JR			

FRESHMAN 2023

Freshman Coach: Sebastian Galeano

0	John Coleman (GK)	FR	**11**	Joshua Barlisan	FR	**22**	Ricardo Tejada-Arango	FR
2	Charlie Tramontozzi	FR	**12**	Sean Tuite	FR	**23**	Riaan Vora	FR
4	Giancarlo Vozzolo	FR	**13**	Christopher Yoon	FR	**24**	Arden Ayazian	FR
5	Santiago Hernandez	FR	**14**	Ryan Milone	FR	**25**	Frank Burns	FR
6	Jake Lee	FR	**15**	William Agans	FR	**27**	William Kim	FR
8	Preston Neal	FR	**18**	Ian Kim	FR	**28**	Arcen Tambi	FR
9	John Semelsberger	FR	**20**	John Stephenson	FR	**29**	Mathis Kim	FR
10	Luke Lee	FR	**21**	Jack Sullivan	FR	**30**	Jacob Soltys	FR

Goalie Coach for All Levels: Walter Gotrell

BERGEN CATHOLIC CRUSADER SOCCER SCHEDULES

2023 VARSITY

HEAD COACH: MR. PETER BERKANISH

DAY	DATE	TIME	H/A	OPPONENT	LOCATION
Mon	*28-Aug*	*4:00pm*	*A*	*Martin Luther King (scr)*	*Martin Luther King HS*
Wed	*30-Aug*	*10:00am*	*H*	*Christian Brothers Academy (scr)*	*The Jack*
Tue	*30-Aug*		*H*	*Demarest (scr)*	*The Jack*
Fri	*1-Sep*	*11:30am*	*H*	*Fair Lawn (scr)*	*The Jack*
Thu	7-Sep	7:00pm	A	Don Bosco Prep	Don Bosco Prep
Sat	9-Sep	TBD	A	Clifton	Clifton High School
Tue	12-Sep	4:00pm	H	St. Joseph Regional	The Jack
Thu	14-Sep	4:00pm	H	Northern Highlands	The Jack
Sat	16-Sep	7:00pm	A	St. Anthony's	St. Anthony's
Tue	19-Sep	4:30pm	H	Westfield	The Jack
Thu	21-Sep	4:00pm	A	Paramus Catholic	Paramus Catholic
Sat	23-Sep	1:00pm	A	College Achieve Central Charter	Hinchliffe Stadium
Tue	26-Sep	4:00pm	A	DePaul Catholic	DePaul Catholic
Thu	28-Sep	4:00pm	H	Don Bosco Prep	The Jack
Sun	1-Oct	TBA	TBA	BCCA Tournament	TBA
Mon	2-Oct	4:00pm	A	St. Joseph Regional	St. Joseph Regional
Thu	5-Oct	TBA	TBA	BCCA Tournament	TBA
Thu	5-Oct	4:00pm	H	Fair Lawn	The Jack
Sun	8-Oct	TBA	TBA	BCCA Tournament	TBA
Thu	12-Oct	4:00pm	H	Paramus Catholic (SENIOR DAY)	The Jack
Sat	14-Oct	TBA	TBA	BCCA Tournament Semi	TBA
Tue	17-Oct	4:00pm	A	Bergen Tech	Bergen Tech (Hackensack)
Thu	19-Oct	4:00pm	H	DePaul Catholic	The Jack
Sat	21-Oct	TBA	TBA	BCCA Tournament Final	TBA
Mon	23-Oct	4:00pm	A	Ridgewood	Ridgewood HS
Wed	25-Oct	4:00pm	H	Hackensack	The Jack

BERGEN CATHOLIC CRUSADER SOCCER SCHEDULES

2023 JUNIOR VARSITY

DAY	DATE	TIME	H/A/N	OPPONENT	LOCATION
Mon	*28-Aug*	*9:00am*	*H*	*Hackensack (scr)*	*The Jack*
Wed	*30-Aug*	*10:30am*	*A*	*Christian Brothers Academy (scr)*	*CBA*
Fri	*1-Sep*	*9:00am*	*H*	*Fair Lawn (scr)*	*The Jack*
Sat	*2-Sep*	*9:00am*	*A*	*Ramapo (scr)*	*Ramapo*
Thu	7-Sep	4:00pm	A	Don Bosco Prep	Don Bosco Prep
Sat	9-Sep	TBD	A	Clifton	Clifton
Tue	12-Sep	4:00pm	H	St. Joseph Regional	TBA
Thu	14- Sep	4:00pm	A	Delbarton School	Delbarton School
Sat	16-Sep	5:00pm	A	St. Anthony's	St. Anthony's
Tue	19-Sep	4:00pm	A	Westfield	Tamaques Elementary School
Thu	21-Sep	4:00pm	A	Paramus Catholic	Paramus Catholic
Sat	23-Sep	1:00pm	H	Northern Highlands	The Jack
Tue	26-Sep	4:00pm	A	DePaul Catholic	DePaul Catholic
Thu	28-Sep	TBD	H	Don Bosco Prep	TBA
Mon	2-Oct	4:00pm	A	St. Joseph Regional	St. Joseph Regional
Thu	5-Oct	4:00pm	H	Fair Lawn	TBA
Tue	10-Oct	4:00pm	A	Seton Hall Prep	Kelly Athletic Complex
Thu	12-Oct	4:00pm	H	Paramus Catholic	TBA
Tue	17-Oct	4:00pm	A	Bergen Tech	Bergen Tech
Thu	19-Oct	4:00pm	H	DePaul Catholic	TBA
Tue	24-Oct	4:15pm	A	Ridgewood	Maple Ave.
Wed	25-Oct	4:00pm	A	Hackensack	Hackensack

BERGEN CATHOLIC CRUSADER SOCCER SCHEDULES

2023 FRESHMEN

DATE	TIME	H/A/N	OPPONENT	LOCATION
28-Aug	*11:00 am*	*H*	*Hackensack (scr)*	*The Jack*
30-Aug	*10:30am*	*A*	*CBA (scr)*	*CBA*
31-Aug	*1:30pm*	*A*	*Fair Lawn (scr)*	*Fair Lawn*
2-Sep	*9:00am*	*A*	*Ramapo (scr)*	*Ramapo*
7-Sep	4:00pm	H	Don Bosco Prep	The Jack
9-Sep	10:00am	H	Clifton	The Jack
14-Sep	4:15pm	A	Ramsey	Eric S. Smith MS
16-Sep	3:00pm	A	St. Anthony's	St. Anthony's
19-Sep	4:15pm	A	Cliffside Park	Cliffside Park MS #6
21-Sep	4:00pm	A	Millburn	Millburn
23-Sep	11:00am	A	Northern Highlands	Northern Highlands
28-Sep	4:00pm	A	Don Bosco Prep	Don Bosco Prep
30-Sep	10:00am	A	Glen Rock	Glen Rock
3-Oct	4:15pm	A	Hillsborough	Hillsborough
5-Oct	4:00pm	A	Fair Lawn	Dobrow Sports Complex
7-Oct	10:00am	A	Westfield	Tamaques Elementary School
10-Oct	4:00pm	H	Glen Rock	The Jack
12-Oct	4:00pm	A	Seton Hall Prep	Kelly Athletic Complex
17-Oct	4:00pm	H	Bergen Tech	TBA
19-Oct	4:00pm	A	Irvington	Irvington Park
23-Oct	4:00pm	H	Ridgewood	TBA
25-Oct	4:00pm	A	Hackensack	Hackensack
27-Oct	4:15pm	H	Dwight Englewood	The Jack

Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and ever shall be, world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God, grant me the
Serenity to accept the things I cannot change,
Courage to change the things I can and
Wisdom to know the difference.
Amen.

The Jesus Prayer

Lord Jesus Christ, Son of God,
have mercy on me, a sinner.

Blessed Edmund Rice

Creator God, we thank you for the life and work of this gifted man, Blessed Edmund Rice. He opened his heart generously to Christ present and appealing to him in the poor who were oppressed by poverty and injustice. May we follow his example of faith and generosity. O God, give us the courage and compassion of Blessed Edmund as we seek to support one another, protect the vulnerable and care for the earth, our common home. We make this prayer through Jesus Christ Our Lord. Amen.

Apostles' Creed

I believe in God, the father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church and the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen

The Golden Rule

Love one another as I have loved you.

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is ***the will of Him who sent me,*** that I shall lose none of all those He has given me, but raise them up at the last day.

make me a channel of your peace (prayer of st. francis)

¶1 Make me a channel of your peace
Where there is hatred let me so your love
Where there is injury, your pardon Lord
And where there's doubt true faith in You.
¶2 Make me a channel of your peace
Where there's despair in life let me bring hope
Where there is darkness only light
And where there's sadness ever joy.
¶3 Oh, Master grant that I may never seek
So much to be consoled as to console.
To be understood as to understand.
To be loved as to love with all my soul.
¶4 Make me a channel of your peace.
It is in pardoning that we are pardoned
In giving to all men that we receive
And in dying that we're born to eternal life.
¶3
¶2

PRAYER FOR PEACE

(ESPECIALLY FOR RUSSIA AND UKRAINE)

Lord Jesus Christ, who are called the Prince of Peace, who are yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace. Make all men and women witnesses of truth, justice, and brotherly love. Banish from their hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace. May all peoples on the earth become as brothers and sisters. May longed for peace blossom forth and reign always over us all.

Amen

- Pope Saint John Paul II

an irish blessing

May the road rise up to meet you.
May the Wind be always at your back.
May the sun shine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and Kindle in them the fire of your love. Send forth your Spirit and they shall be created and You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit, we may be truly wise and ever enjoy in Her consolations through Christ Our Lord, Amen.

Superman Grace Before Meals

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.

And for our daily bread
When we need to be fed.
We thank you Lord, for giving us food.
Duh, Duh, Duh, Duh, Dum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh, SNAP, SNAP.
Duh, duh, duh, duh.
Duh, duh, duh, duh.
Duh, duh, duh, duh, SNAP, SNAP.

LITURGICAL CALENDAR 2023

- **ORDINARY TIME (Jan 6-Feb 21)**
- **ASH WEDNESDAY (Feb 22) LENT**
- **HOLY WEEK (Apr 2-8)**
- **HOLY THURSDAY (Apr 6)**
- **GOOD FRIDAY (Apr 7)**
- **EASTER (Apr 9)**
- **PENTECOST (May 28)**
- **ORDINARY TIME (Jun 4- Dec 2)**
- **ADVENT (Dec 3 – Dec 24)**
- **CHRISTMAS (Dec 25 – Jan 7, 2024)**

Footprints in the Sand

One night I dreamed a dream.
As I was walking along the beach with my Lord.
Across the dark sky flashed scenes from my life.
For each scene,
I noticed two sets of footprints in the sand,
One belonging to me and one to my Lord.

After the last scene of my life flashed before me,
I looked back at the footprints in the sand.
I noticed that at many times along the path of my life,
especially at the very lowest and saddest times,
there was only one set of footprints.

This really troubled me, so I asked the Lord about it.
"Lord, you said once I decided to follow you,
You'd walk with me all the way.
But I noticed that during the saddest and most
troublesome times of my life,
there was only one set of footprints.
I don't understand why, when I needed You the most,
You would leave me."

He whispered, "My precious child, I love you and will
never leave you
Never, ever, during your trials and testings.
When you saw only one set of footprints,
It was then that I carried you."

The Ten Commandments

I am the Lord your God: you shall not have strange gods before me.
You shall not take the name of the Lord your God in vain.
Keep holy the Lord's Day.

Honor your father and mother.

You shall not kill.
You shall not commit adultery.
You shall not steal.
You shall not bear false witness against your neighbor.
You shall not covet your neighbor's wife.
You shall not covet your neighbor's goods.

"Rivers do not drink their own water, trees do not eat their own fruit, the sun does not shine on itself and flowers do not spread their fragrance for themselves. Living for others is a rule of nature. We are all born to help each other. No matter how difficult it is, life is a good when you are happy, but much better when others are happy because of you."

Pope Francis