TWIBC SPORTS

THIS WEEK IN BERGEN CATHOLIC SPORTS

Crusader LACROSSE

MULLER AND FINDS CRISPIN A-O-KAYE AS BC WINS IN 2OT

March 30 – Lincroft, NJ – The Crusaders defeated Christian Brothers Academy in another epic battle. This year, BC only needed two overtimes to round up the Colts 11-10 on Nick Muller's 7th point, and first goal, of the game.

The Crusaders opened the scoring just 1:35 into the game with Muller finding Crispin Kaye who drove his first shot home. About five minutes later, the duo paired up again to put BC up 2-0. After one quarter, BC led 4-3 as Luke Macejka and Brady Twomey each netted a goal.

Brian Winters, Collin Kelly and Kaye each scored in the second to extend BC's lead to two at the half. The Colts responded with a 4-1 third quarter, taking a 9-8 lead into the fourth.

TEAM	1	2	3	4	OT1	OT2	FIN
BC	4	3	1	2	0	1	**11**
CBA	3	2	4	1	0	0	**10**

Kaye translated a Twomey feed into a goal and then scored unassisted to give BC a 10-9 lead with 6:55 remaining in regulation, but the Colts would not go away easily in their opener, scoring with 10 seconds remaining to tie it up.

After a scoreless four minute overtime, Muller decided to take matters into his own hands, scoring unassisted just 1:02 into the period.

Goalies Dominic Pira (4 saves) and Parker Day (7 saves) combined for 11 saves in the victory. BC was outstanding at the face off X with Dan Sheppard winning 12 of 14 faceoffs and Pat Cece winning 9 of 11, a combined 84% winning percentage.

BC	Name	Goals	Assists	Pts	GB
32	Crispin Kaye	6	1	7	3
1	Nick Muller	1	6	7	2
24	Brady Twomey	1	1	2	1
2	Connor Kelly	1	0	1	3
3	Luke Macejka	1	0	1	3
6	Brian Winters	1	0	1	0
21	Jake Taromina	0	1	1	0
7	Dan Sheppard	0	0	0	10
9	Pat Cece	0	0	0	7
4	Sean Irving	0	0	0	2
23	Richie Reid	0	0	0	2
12	Luke Vaccaro	0	0	0	1
15	Peter Pitrelli	0	0	0	1
20	Dominic Prira	0	0	0	1
38	Aidan Gesner	0	0	0	1
42	Parker Day	0	0	0	1
	CRUSADERS	**11**	**9**	**20**	**38**
	CBA	**10**	**7**	**17**	**30**

JV LACROSSE DEFEATS CBA 8-1 IN OPENER

BC NEW JERSEY STATE LACROSSE PLAYER OF THE YEAR WATCH

Nick Muller, Bergen Catholic, Sr.

Nick's first two games (2G, 10A, 12PTS) positioned himself well in early running for New Jersey's Lacrosse Player of the Year. The senior attackman, committed to Lafayette, scored 18 goals and had 24 assists as a junior.

Crusader TENNIS

TENNIS VOLLEYS PAST MAHWAH 4-1

April 1 – Mahwah, NJ – The Crusaders came out swinging to prove they're no joke on April Fool's Day, defeating Mahwah 4-1.

1st singles Andrew Song (10) won 6-0 6-1

2nd singles Phillip Saint Cyrus (11) lost 1-6 6-2 0-6

3rd singles Christian Choi (9) won 4-6 6-3 6-2

1st doubles Brian Song (9) / Daniel Song (9) won 6-0 6-2

2nd doubles John DelJuidice(12) / John Nalbandian (11) won 6-2 6-0.

JV FALLS 5-1 TO MAHWAH IN OPENER

Crusader LACROSSE

April 2 – Oradell, NJ – BC fell in a high-scoring game 12-10 to Archbishop Stepinac of Westchester County, NY on Saturday at the Jack.

TEAM	1	2	3	4	FINAL
BC	3	2	1	4	**11**
ABS	2	6	3	1	**10**

Once again, Nick Muller generated much of the Crusaders offense, producing 1 goal and four assists. Crispin Kaye recorded a hat trick and 3 assists follow up a 7-point game with a 6-pointer. Brian Winters (2-2) and Jake Taromina (2-1) each added a cluster of points for BC.

BC's two-headed face off monster was outstanding once again with Dan Sheppard winning 13 of 16 and Pat Cece winning 7 of 9 face offs.

BC's goalies also performed well, each saving 50% of their shots. Dom Pira had 8 saves and Parker Day made 4.

BC	Name	Goals	Assists	Pts	GB
1	Nick Muller	1	4	5	0
32	Crispin Kaye	3	0	3	2
6	Brian Winters	2	0	2	1
21	Jake Taromina	1	1	2	1
3	Luke Macejka	1	0	1	2
24	Brady Twomey	1	0	1	0
27	Anderson Chang	1	0	1	0
7	Dan Sheppard	0	0	0	11
9	Pat Cece	0	0	0	7
23	Richie Reid	0	0	0	3
10	Charles Oropeza	0	0	0	1
11	Noah Spencer	0	0	0	1
12	Luke Vaccaro	0	0	0	1
38	Aidan Gesner	0	0	0	1
2	Connor Kelly	0	0	0	0
5	Christian Gonzalez	0	0	0	0
22	Ryan Loughlin	0	0	0	0
CRUSADERS		**10**	**5**	**15**	**31**
ABS		**12**	**10**	**22**	**21**

Crusader VOLLEYBALL

CRUSADERS OPEN 2022 IN THE HOEHL GYMNASIUM

April 1 – Oradell, NJ – The Crusader Volleyball opened the Varsity season on Friday afternoon against regional power, Bergen Tech. BC fell in straight sets 25-11, 25-8 to the Knights in the opener.

Player	Kills	Blocks	Digs	Assists	SP	Aces
Ian Walls	1	0	4	5	1	0
Mateo Orochena	0	0.5	0	0	2	1
Brian Mendoza	2	0	1	2	2	0
Joshua Jung	0	0.5	1	0	1	0
Jaehwan Lee	1	0.5	0	0	1	0

Enzo Yuen	0	0.5	0	0	0	0
Jeongsoo Park	3	0	8	0	5	1
CRUSADERS	**7**	**2**	**14**	**7**	**12**	**2**
Bergen Tech	**16**	**3**	**24**	**14**	**36**	**12**

Crusader CREW

CRUSADERS HIT THE SCHUKYL RIVER IN MANNY FLICK 3.

April 3 - Philadelphia, PA – The Crusader Crew season started well on Sunday with Matthew Kim and George Small finishing fourth in their 1500meter flight.

Owen Ryan and Giacomo Dente finished second in their heat, just .430 seconds off the first place boat.

Crusader BASEBALL

DELACRUZ STARTS 2022 OFF WITH A BANG!

April 1 – Ridgefield Park, NJ – The Crusaders opened the 2022 season off against the #1 ranked team in the state of New Jersey, Hun School of Princeton. The Hun got a quick start on BC, putting seven runs on the board before BC could settle in.

TEAM	1	2	3	4	5	6	7	R	H	E
Hun (4-0)	2	5	0	0	1	3	3	**14**	**14**	**2**
BC (0-1)	0	0	0	0	2	3	1	**6**	**5**	**2**

Juan DelaCruz provided some fireworks for BC, however, going two-for-four including a monster homerun. That's good for a 1,250 Slugging Percentage. Lukas Tsai had two RBIs for the Crusaders and Nick Stavros scored a pair of runs.

BATTING	AB	R	H	RBI	AVG
Tsai	2	0	1	2	.500
Stavros	1	2	0	0	.000
Certo	3	1	0	0	.000
Zee	3	1	1	0	.333
Vengurlaker	1	0	0	0	.000
DeLaCruz	4	1	2	1	.500
Connors	1	0	1	1	1.000
Baglino	2	0	0	0	.000
Reyes	3	1	0	0	.000
Sabathia	3	0	0	0	.000
Batts	2	0	0	0	.000
Merrill	2	0	0	0	.000
Totals:	**27**	**6**	**5**	**4**	**.185**

2B: none. **3B:** none. **HR:** DelaCruz (1). **BB:** Tsai (1), Certo (1). **HPB**: Stavros (1), Reyes (1). **SB:** DelaCruz (1).

PITCHING

PITCHER	PIT	IP	H	R	ER	BB	K	HB	ERA
L'Homnedieu	36	2	2	1	1	3	2	0	3.50
Clifford	34	2	7	6	4	0	3	0	14.00
Gillen (LP)	73	3	5	7	5	3	5	0	11.67
Totals:	**143**	**7**	**14**	**14**	**10**	**6**	**10**	**0**	**14.00**

Crusader BASEBALL

BERGEN EARNS WIN #1 OF THE NEW SEASON!

April 2 – Ridgefield Park, NJ – Bergen Catholic Crusaders Varsity beat Kennedy Catholic 6-2 on Saturday, improving to 1-1 on the new season.

TEAM	1	2	3	4	5	6	7	R	H	E
KC	1	0	0	0	0	1	0	**2**	**5**	**0**
BC (1-1)	0	0	0	2	4	0	X	**6**	**8**	**2**

Kennedy Catholic got on the board in the first inning when they scored one run on a stolen base.

BC grabbed a lead they would not relinquish with two runs in the fourth inning. In the fourth Luca Reyes singled on the first pitch of the at bat, scoring one run and Braden Connors singled on a 1-2 count, scoring one run.

The Crusaders scored four runs in the fifth inning as their big bats in the inning were led by a single by Connors and a double by Juan De La Cruz.

Jack Duffy was credited with the victory for Bergen Catholic Crusaders Varsity. The righthander surrendered two runs on four hits over five and a third innings, striking out four and walking one. Luke Dellentash threw one and two-thirds innings in relief out of the bullpen.

BC rang up eight hits led by De La Cruz and Connors each racked up multiple hits.

CRUSADERS	AB	R	H	RBI	BB	SO
Juan De La Cruz	4	2	2	1	0	0
Harrison Certo	4	0	0	0	0	1
Luca Reyes	2	2	1	1	1	0
Braden Connors	2	0	2	3	1	0
Carsten Sabathia	3	0	1	0	0	1
Jamie Zee	3	0	0	0	0	1
Justin Batts	2	0	0	0	0	2
Lukas Tsai	1	0	0	0	0	1
Nick Stavros	2	1	1	0	0	0
Chris Merril	2	1	1	0	0	1
Matthew Clifford	0	0	0	0	0	0
Totals	**#**	**6**	**8**	**5**	**2**	**7**

Pitching	#P	IP	H	R	ER	BB	SO	HB	ERA
Duffy	84	5	4	2	1	1	4	0	1.37
Dellentash	25	1	1	0	0	0	1	0	0.00
Totals	**109**	**7**	**5**	**2**	**1**	**1**	**5**	**0**	

Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and ever shall be,
world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance,
to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Blessed Edmund Rice prayer

Creator God, we thank you for the life and work of this gifted man, Blessed Edmund Rice. He opened his heart generously to Christ present and appealing to him in the poor who were oppressed by poverty and injustice. May we follow his example of faith and generosity. O God, give us the courage and compassion of Blessed Edmund as we seek to support one another, protect the vulnerable and care for the earth, our common home. We make this prayer through Jesus Christ Our Lord.
Amen.

The Golden Rule

Love one another as I have loved you.

Traditional Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

DEUS VULT – JOHN 6:39

And this is ***the will of Him who sent me***, that I shall lose none of all those He has given me, but raise them up at the last day.

Prayer of St Francis

Lord, make me an instrument of Your peace

Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved. as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

PRAYER FOR PEACE (IN UKRAINE AND RUSSIA)

Lord Jesus Christ, who are called the Prince of Peace, who are yourself our peace and reconciliation, who so often said, "Peace to you," grant us peace. Make all men and women witnesses of truth, justice, and brotherly love. Banish from their hearts whatever might endanger peace. Enlighten our rulers that they may guarantee and defend the great gift of peace. May all peoples on the earth become as brothers and sisters. May longed for peace blossom forth and reign always over us all.
Amen

- Pope Saint John Paul II

an Irish Blessing

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face,
The rains fall soft upon your fields,
And, until we meet again,
May God hold you in the palm of His hand.

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created and You shall renew the face of the earth.
O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations,
through Christ Our Lord, Amen.

Superman Grace Before Meals

We thank you Lord, for giving us food.
We thank you Lord, for giving us food.

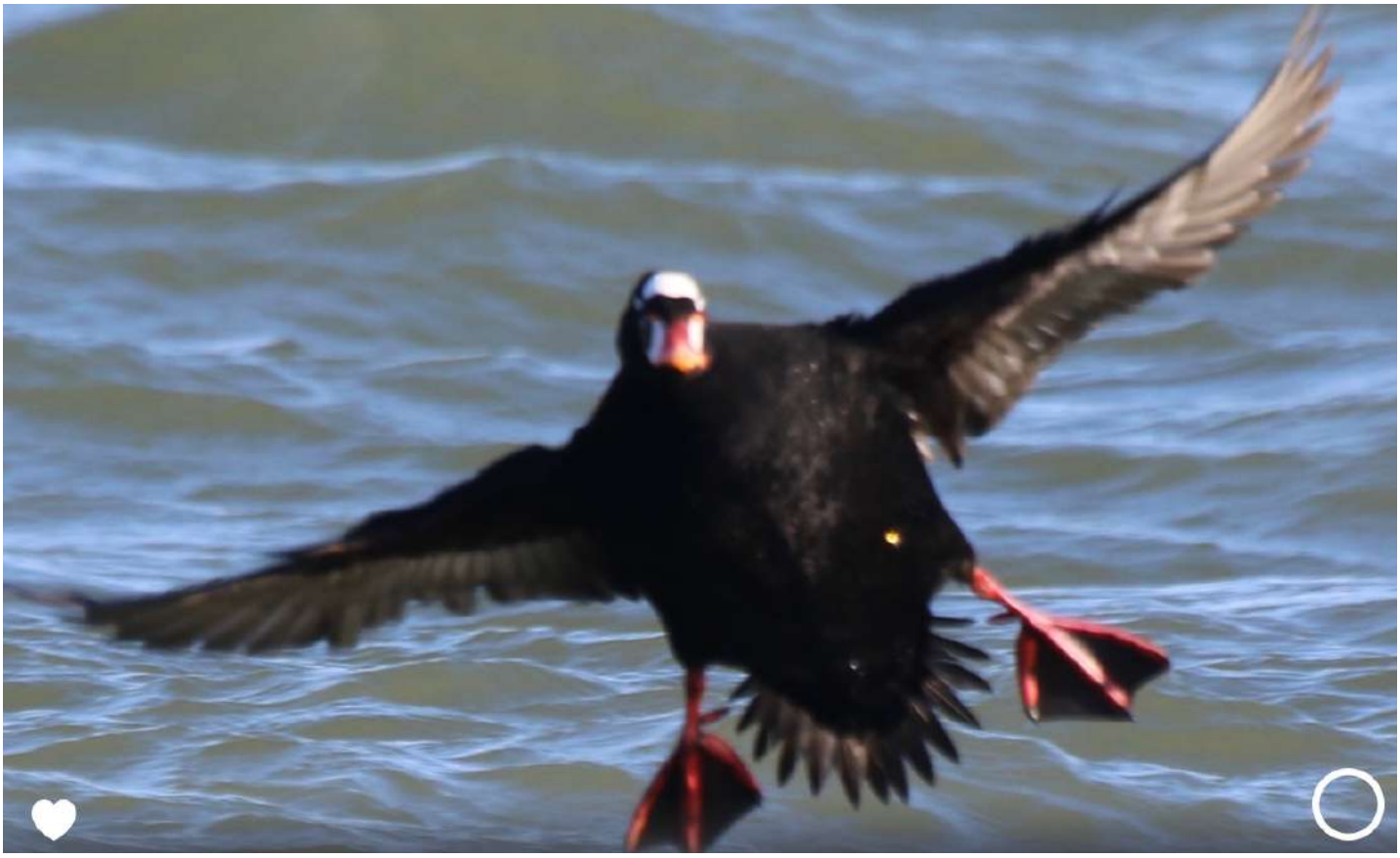
And for our daily bread
When we need to be fed
We thank you Lord, for giving us food
Bum, bum, bum, bum, bum.

Addams Family Grace Before Meals

We thank you for this food, Lord.
For Mom and Dad and you, Lord.
We thank you for this food, Lord.
And for our family.
Duh, duh, duh duh. SNAP SNAP.
Duh, duh, duh duh. SNAP SNAP.
Duh, duh, duh duh. .
Duh, duh, duh duh. .
Duh, duh, duh duh. SNAP SNAP.

BIRD OF THE WEEK

SURF SCOTER



April 3 – Hillsdale, NJ – No, I did not see this duck in Hillsdale. That would have been a VERY VERY VERY RARE BIRD indeed. This sea duck is coming in for a landing and I remember how goofy and awkward it's descent seemed. Winds are blowing it around. The duck is doing it's best to gently land in the Barnegat Inlet, and then SPLASH DOWN!!!

I kind of been feeling like that duck the past few days. Wind blowing me around. Not feeling like I'm in control of anything. That's why I chose this picture. Because like the duck, I'm still going. I just keep typing. Keep focused on the job at hand. Persevering. Better landings are ahead of us, so let's just enjoy each one as it comes and learn.