TWIBC SPORTS
THIS WEEK IN BERGEN CATHOLIC SPORTS

SCHWAKE'S RETURN SPARKS CRUSADER SOCCER

Senior Captain Scores Game's First Goal as Crusaders Cruise 4-0.

Crusader SOCCER

VARSITY STARTS RUN TOWARD STATE TITLE

November 4 – Oradell, NJ – The Crusaders welcomed Dwight Englewood School's Bulldogs on Thursday in the first round of the NJSIAA Non-Public "A" North Tournament. The battle between the fourth and fifth seeded teams was a good one for much of the first half as BC amassed a 2-0 lead. In the end, Bergen was too much for their opponent,

driving home a pair of second half goals and putting the clamps down so the 'dogs were never able to mount much of an attack.

Perhaps the most inspirational play of the day came early in the game as senior captain, Nick Schwake, returned after missing the past six weeks of the season due to injury. Schwake opened the scoring for BC, driving the ball home off a perfect pass from Conor Morrin just 7:36 into the match. The goal was Schwake's 22nd career goal, providing him the edge over dad Greg '86, who recorded 21 for the school's first ever county champion team in 1985. As a sophomore, Nick helped BC to its most recent county championship in 2019.

Spencer Neal recorded a goal off an errant pass to the middle of the field with just 11:28 remaining in the half. Kyle Tencza was on his way to leading BC to a shutout, closing

the door on the Bulldogs, and protecting a 2-0 lead going into the half.

Early in the second half, BC executed a quick corner kick play with Owen Fizulich and Schwake. The ball was passed to the middle of the field where Ryan Chong found himself able to get a free shot. His attempt just missed the goal by a foot, over the crossbar.

The Bulldogs were clearing the ball from their end, but Fiz created a turnover in the BC end. He quickly passed the ball to Schwake and sprinted 65 yards upfield. Schwake found Chong who gave the ball to a sprinting Fizulich who buried his shot with 32:10 remaining in the match.

Javier Torres may have been the most excited person to score a goal on the afternoon as he drove the final nail in the D-E coffin off a pass from Andrew Blodgett, but Ethan did the best and most conspicuous dance of the day.

Tencza's three saves and Blodgett's one save ensured the shuthout and the Crusaders survive and advance to take on top-seeded Seton Hall Prep at Tevlin Memorial Field in West Orange.

Crusader CROSS COUNTRY

Ruffy Wins!

Frosh Phenom Paces Crusader Frosh to Finish as Top Bergen County School at Doc Braver Invitational

November 2 – Mahwah, NJ – Rhyse Ruffy ran 9:17 to win the 2800-meter run in the Freshman Invitational at Darlington County Park on Tuesday, helping the young Crusaders lead all Bergen County high schools and to capture second place behind Passaic County Tech.

Daniel Calianese also put together a sub-10-minute run, finishing at 9:45 and placing fifth among all runners. Andrew Byrnes (10:19, 15th), Christian Choi (10:33, 18th), William Ryan (10:35, 19th), Avery Drapkin (10:41, 20th), Alejandro Castro-D'Albenezio (10:42, 22nd) all scored for the Crusaders. Will Saracino also ran well, finishing under the eleven-minute mark with a time of 10:49 and placing 28th overall.

Crusader CROSS COUNTRY

CRUSADERS RUN FOR NJCTC CHAMPIONSHIP

November 6 – Clark, NJ – The BC Cross Country Teams ran on Saturday in the New Jersey Catholic Track Conference Championship at Oak Ridge Park. All three teams represented the alma mater well on a beautiful autumn day that saw, crystal clear blue skies, 55° temperature and very little wind.

VARSITY RESULTS

The Varsity ran last, but many of the harriers ran strong times in a field of 15 teams and 100 runners. BC finished 8th overall. St. Peter's Prep, CBA and Delbarton finished 1-2-3 overall.

Senior Alex Shaia led BC with a 34th place finish and time of 17:45.88.

Junior James Hughes (above) ran an 18:07.55, placing 44th on the day. Senior Matt Marques was on his heels finishing 46th, coming across the finish line just 4 seconds later at 18:11.61.

Senior Mile Suitt ran 18:52.90 finishing in 60th place and junior Joseph Griffith finished at 19:00.73 earning 62 points for BC.

Sophomore William Micholas ran a 19:26.62, finishing 73rd overall on the day.

JV RESULTS

Six Crusaders ran in the JV event, let by Jacob Rodman. The junior finishing 9th at 18:19:57 in the 5000-meter run.

Sophomore Elias Garcia (26th, 19:19.36) and junior Matt Geraghty (79th, 21:45.39) ran strong as did junior Jackson Vonderhorst (24:37.74) pictured below.

After watching the event very closely, I was so impressed with the heart all of the hundreds of student-athletes gave in running their races. Ronan Flynn (above 24:45.75) and John Gallagher (27:32.97) both finished strong, showing great improvement throughout the season.

FROSH RESULTS

The Freshman harriers finished third overall in this final race of the season behind only CBA of Lincroft and Notre Dame of Lawrence. The Crusaders' placed ahead of all North Jersey teams including St. Peter's Prep, Delbarton School, Pope John XXIII, Seton Hall Prep and Morris Catholic.

The tandem of Rhyse Ruffy (12:08.29, 10th) and Daniel Calianese (12:09.51, 11th) ran neck-and-neck to lead BC. Will Saracino ran one of his best races of the season placing 20th with a time of 13:12.89. Andrew Byrnes (34th, 13:18.12), Christian Choi (38th, 13:24.98), William Ryan (13:41.51, 42) and Avery Drapkin (14:18.88, 51st) all scored for BC.

DONOVAN CATHOLIC TO VISIT BC IN STATE QUARTERFINAL ROUND

November 7 – Oradell, NJ – The nation's #6 ranked team will be facing Donovan Catholic's Griffins of Toms River. This will be the first meeting of the two programs. The Crusaders are seeking their 18th Sectional Title while the Griffins seek their second state final appearance. The Crusaders have reached the section finals 29 times and bring a 58-28 overall state playoff record into the contest. The Griffs are 2-12.

CRUSADER PREVIEW: BC finished the season on a high note, defeating St. Peter's Prep at Caven Point 21-0 to finish the regular season 9-0.

GRIFFIN PREVIEW: DC got off to a rough start, forfeiting three of its first four games and losing game #2 to Rumson-Fair Haven 14-0. Since that time, however, they have been on fire, winning six consecutive games by a combined score of 230-50 including a 48-8 victory over Notre Dame of Lawrence in the first round of the state tournament.

#5 QB Jalin Butler (SR) makes the Griffin machine go. The senior dual-threat player has rushed for over 800 yards and passed for 852. He has thrown for 10 TDs and rushed for 8.

#28 RB Nunes Bukula (SR) has rushed for 1021 yards and 11 TDs on the season

#11 WR Kyree Drake (SR) is a big play threat running the ball. He has the Griffins longest run from scrimmage (90yds) and 6 rushing TDs on the year. Drake is Butler's favorite

target, hauling in 22 catches for 18 yards per reception and 5 TDs.

#9 WR Mysun Esdaile (SR) and **#89 TE Levi Wilkins (SR)** have proven to be dangerous receiver as well. Both have over 100 yards on the season and they've each found the endzone in 2021.

2021 NPA QUARTERFINAL MATCHUPS

1 – Bergen Catholic – 8 Donovan Catholic

4 – St. Peter's Prep vs. 5 Seton Hall Prep

3 – St. Joseph Regional – 6 Don Bosco

2 – St. Augustine Prep – 7 Delbarton School

Crusader FOOTBALL

JV Football Finishes on Winning Note Against St. Peter's Prep

November 1 – Oradell, NJ – The JV Team finished off a very successful weekend by defeating St. Peter's Prep 14-0. The Crusaders finished off the shut-out-trifecta of the Marauders behind solid defense and a very good ball-control ground game.

Midway through the first, quarterback Jack Duffy found Jaiden Estrella (#43) on screen pass. Estrella bobbed and weaved, following his blockers and finding paydirt 44 yards later. The PAT failed and BC led 6-0.

The middle of the game was scoreless until 6:42 remaining in the game when Estrella scored on an 8-yard run. Duffy found Michael Delpome (#80) in the right side of the endzone, good for two points and BC finished off the game.

Coach Seitz and his staff did an outstanding job, leading the group to a 6-1-1 overall record.

GO BERGEN!

BIRD OF THE WEEK: COOPER'S HAWK

November 7 – Secaucus, NJ – In search of a juvenile Purple Gallinule (rare for these parts), my good friend and I searched the Mill Creek Marsh (behind Bob's Discount Furniture at the Mill Creek Mall). There were plenty of Swamp and Song Sparrows as well as Yellow-rumped Warblers. One of our first encounters was this stunning juvenile Cooper's Hawk.

Among the bird world's most skillful fliers, Cooper's Hawks are common woodland hawks that tear through cluttered tree canopies in high-speed pursuit of other birds. You're most likely to see one prowling above a forest edge or field using just a few stiff wingbeats followed by a glide. With their smaller lookalike, the Sharp-shinned Hawk, Cooper's Hawks make for famously tricky identifications. Both species are sometimes unwanted guests at bird feeders,
looking for an easy meal (but not one of sunflower seeds).

If you put out seed for birds in your backyard, there's a chance you'll also attract the attention of a Cooper's Hawk. While catching smaller birds is just doing what comes naturally for a Cooper's Hawk, many of us would prefer not to share the responsibility for the deaths. If a Cooper's Hawk takes up residence in your yard, you can take your feeders down for a few days and the hawk will move on.

The oldest recorded Cooper's Hawk was a male and at least 20 years, 4 months old. He had been banded in California in 1986, and was found in Washington in 2006. - https://www.allaboutbirds.org/guide/Coopers_Hawk/overview

The TOOLBOX

Our Father

Our Father, Who art in Heaven
Hallowed be Thy Name
Thy Kingdom Come.
Thy will be done
On Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses
As we forgive those who trespass against us.
And lead us not into temptation.
But deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace
The Lord is with You
Blessed are you among women
And blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God
Pray for us sinners
Now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now and ever shall be,
world without end. Amen

Act of Contrition

My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love above all things.
I firmly intend, with your help, to do penance,
to sin no more, and to avoid whatever leads me to sin.

Serenity Prayer

God grant me the serenity
to accept the things I cannot change,
Courage to change the things I can, and
Wisdom to know the difference. Amen

I Confess to You

I confess to almighty God, and to you,
my brothers and sisters,
that I have sinned through my own fault,
in my thoughts and in my words,
in what I have done, and in what I have failed to do;
and I ask blessed Mary, ever virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The Jesus Prayer

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Blessed Edmund Rice Prayer

Creator God, we thank you for the life and work of this gifted man,
Blessed Edmund Rice. He opened his heart generously to
Christ present and appealing to him in the poor who were
oppressed by poverty and injustice. May we follow his example of
faith and generosity. O God, give us the courage and compassion of
Blessed Edmund as we seek to support one another, protect
the vulnerable and care for the earth, our common home.
We make this prayer through Jesus Christ Our Lord, Amen.

Grace Before Meals

Bless us, O Lord, and these, thy gifts
Which we are about to receive from
thy bounty, through Christ, Our Lord. Amen

The Golden Rule

Love one another as I have loved you.

St. Patrick's Breastplate (shortened)

Christ with me. Christ before me. Christ behind me.
Christ in me. Christ beneath me. Christ above me.
Christ on my right. Christ on my left. Christ when I lie down.
Christ when I sit down. Christ when I arise.
Christ in the heart of every man who thinks of me.
Christ in the mouth of everyone who speaks of me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer of St Francis

Lord make me an instrument of Your peace
Where there is hatred let me sow love.
Where there is injury, pardon.
Where there is doubt, faith.
Where there is despair, hope.
Where there is darkness, light.
Where there is sadness joy.
O Divine master grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand.
To be loved. as to love
For it's in giving that we receive
And it's in pardoning that we are pardoned
And it's in dying that we are born...
To eternal life.

TWIBCS SCHEDULE

VARSITY FOOTBALL SCHEDULE AND RESULTS

27-Aug	7:00pm	A	Archbishop Hoban	OH	W 42-7
4-Sep	2:00pm	H	Smyrna	DE	W 52-6
18-Sep	1:00pm	H	Delbarton	NJ	W 28-19
24-Sep	7:00pm	A	Don Bosco Prep	NJ	W 17-0
2-Oct	2:00pm	H	Pope John XXIII	NJ	W 41-0
8-Oct	7:00pm	A	Paramus Catholic	NJ	W 63-0
16-Oct	1:00pm	H	St. Joseph Regional	NJ	W 21-10
23-Oct	1:00pm	A	Seton Hall Prep	NJ	W 38-28
30-Oct	1:00pm	A	St. Peter's Prep	NJ	W 21-0
TBA	TBA		STATE FIRST-ROUND	NJ	BYE
13-Nov	1:00pm	H	STATE 1/4 - Donovan Cath.	NJ	
TBA	TBA		STATE SEMI-FINAL	NJ	
TBA	TBA		STATE CHAMPIONSHIP	NJ	

JV FOOTBALL SCHEDULE AND RESULTS

6-Sep	1:00pm	A	DePaul Catholic	NJ	L 6-8
11-Sep	11:00am	A	LaSalle	PA	W 18-6
20-Sep	4:00pm	A	Delbarton	NJ	T 6-6
27-Sep	4:00pm	H	Don Bosco Prep	NJ	W 8-0
11-Oct	4:30pm	A	Lawrenceville School	NJ	W 38-6
18-Oct	4:00pm	A	St. Joseph Regional	NJ	W 14-0
25-Oct	4:00pm	H	Seton Hall Prep	NJ	W 26-21
1-Nov	4:00pm	H	St. Peter's Prep	NJ	W 14-0

ALL SCHEDULE AND RESULTS

2-Sep	7:00pm	A	DePaul Catholic	NJ	W 28-6
11-Sep	12:30pm	A	LaSalle	PA	W 30-6
18-Sep	9:30am	A	Delbarton	NJ	W 35-6
25-Sep	9:30am	H	Don Bosco Prep	NJ	W 32-7
2-Oct	9:30am	A	Pope John XXIII	NJ	W 33-7
16-Oct	9:30am	A	St. Joseph Regional	NJ	L 3-36
23-Oct	9:30am	H	Seton Hall Prep	NJ	W 36-8
30-Oct	9:30am	H	St. Peter's Prep	NJ	W 40-0

CROSS COUNTRY SCHEDULE AND RESULTS

11-Sep	11:15am	Season Opener	Var #2, Frosh #1
14-Sep	4:30pm	Big North Conference Batch Meet	Var 3-1, Frosh 4-0
18-Sep	11:00am	Back to the Mountain Invitational	Var #7, JV #10, Frosh #3
25-Sep	TBD	Six Flags Wild Safari Invit.	Var #8, JV #8, Frosh #5
2-Oct	TBD	Shore Coaches Invitational	Varsity #8
2-Oct	TBD	Brett Taylor Invitational	JV #11, Frosh #2
8-Oct	3:00pm	Big North Division Championship	Var #2, Frosh #2
9-Oct	TBD	Metropolitan Invitational (NY)	Var #7
23-Oct	TBD	County Groups	Var #2, Frosh #1
30-Oct	TBD	Meet Of Champions	Darlington County Park
4-Nov	TBD	Doc Braver Championship	Darlington County Park
6-Nov	TBD	Conference Championship	TBA
13-Nov	TBD	State Group Championship	Holmdell County Park
20-Nov	TBD	State Meet Of Champions	Holmdell County Park

VARSITY SOCCER SCHEDULE AND RESULTS

9-Sep	4:00 PM	H	DePaul	W 6-1
11-Sep	1:00 PM	A	Paramus Catholic	W 8-1
14-Sep	4:00 PM	H	St. Joseph Regional	W 2-0
17-Sep	4:00 PM	H	Bergen Tech	W 4-0
21-Sep	7:00 PM	A	Don Bosco Prep	L 0-2
23-Sep	4:15 PM	A	Ridgewood	T 1-1
28-Sep	7:00 PM	A	Northern Highlands	L 0-3
30-Sep	4:00 PM	H	NVOT	W 2-1
3-Oct	3:00 PM	H	St. Anthony's (NY)	L 1-3
5-Oct	7:00 PM	A	DePaul	W 3-0
7-Oct	4:00 PM	H	Paramus Catholic	W 8-1
10-Oct	2:00 PM	H	BCCA - Pascack Hills	W 5-4 PK
12-Oct	4:00 PM	H	Paterson Kennedy	W 6-2
14-Oct	4:00 PM	A	St. Joseph Regional	W 3-1
17-Oct	2:00 PM	N	BCCA - Ramsey (@ Ramapo)	L 8-7 PK
21-Oct	4:00 PM	H	Don Bosco Prep	L 1-2 OT
29-Oct	4:00 PM	H	Bergenfield	W 2-0
4-Nov	2:00 PM	H	NJSIAA - Dwight Englewood	W 4-0
8-Nov	2:00 PM	A	NJSIAA - Seton Hall Prep	

JV SOCCER SCHEDULE AND RESULTS

11-Sep	1:00pm	H	Paramus Catholic	W 8-0
14-Sep	4:00pm	A	St. Joseph Regional	W 7-1
17-Sep	4:00pm	A	Bergen Tech	W 6-0
20-Sep	4:00pm	H	Don Bosco Prep	W 1-0
25-Sep	1:30pm	A	Blair Academy	W 9-0
28-Sep	7:00pm	OPPP	Northern Highlands	W 7-0
30-Sep	4:00pm	A	NVOT	L 1-4
3-Oct	1:00pm	H	St. Anthony (NY)	L 0-1
5-Oct	4:00pm	A	Wayne Valley	L 0-2
7-Oct	4:00pm	A	Paramus Catholic	W 6-0
9-Oct	1:00pm	H	Seton Hall Prep	L 2-1
14-Oct	4:00pm	A	St. Joseph Regional	W 4-2
16-Oct	1:00pm	A	Hillsborough	W 2-1
19-Oct	4:00pm	A	Kearny	W 1-0
21-Oct	4:00pm	A	Don Bosco Prep	T 1-1
23-Oct	3:00pm	H	BCCA - Rutherford	W 2-1
27-Oct	4:00pm	H	BCCA - NV Demarest	W 2-0
30-Oct	12:30pm	H	BCCA - Ramapo	L 0-2

FRESHMEN SOCCER SCHEDULE AND RESULTS

9-Sep	4:00pm	A	Cranford	W 5-0
11-Sep	10:00am	H	Millburn	W 5-1
15-Sep	4:30pm	A	Seton Hall Prep	L 0-6
17-Sep	4:00pm	A	Bergen Tech	W 2-1
21-Sep	4:15pm	A	Don Bosco Prep	L 0-5
23-Sep	4:15pm	A	Ridgewood	T 1-1
25-Sep	1:30pm	A	Blair Academy	W 8-1
28-Sep	4:15pm	A	Northern Highlands	L 1-5
30-Sep	4:00pm	A	Old Tappan	L 2-3
4-Oct	4:15pm	A	North Brunswick	W 2-0
7-Oct	7:00pm	OPRP	Union City	W 1-0
9-Oct	11:00am	A	Haddonfield	W 5-0
12-Oct	7:00pm	OPPP	Paterson-Kennedy	L 0-2
16-Oct	10:00am	A	Hillsborough	W 2-1
21-Oct	7:00pm	OPPP	Don Bosco Prep	T 1-1
23-Oct	12:30pm	H	BCCA - NVOT	W 2-1
27-Oct	7:00 PM	A	BCCA - Ramapo	L 0-3