

# TWIBC SPORTS

## THIS WEEK IN BERGEN CATHOLIC SPORTS

### Soccer Starts Week Strong Defeating Paterson Kennedy

**November 2 – Oradell, NJ –** Who else, but Jake Sweeney started off the Crusader scoring barrage, as BC cruised to a 8-0 victory over the Knights of John F. Kennedy High School from Paterson.



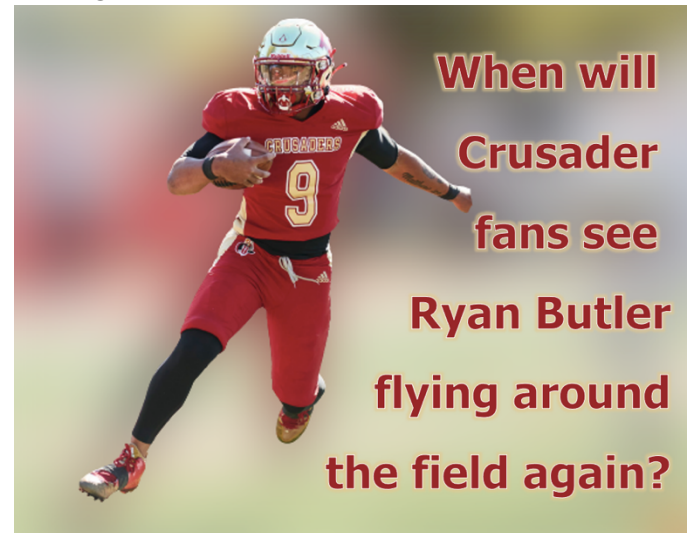
Sweeney recorded a season-high, five-point day with two goals and three assists for the 10-1 Crusaders. Nick Schwake, Christian Milone, Ryan Chong, Ryan Graf, Nick Barros and Owen Fizulich pitched in goals for BC who recorded 4 goals in each half.



Eddie Payan and Conor Morrin each pitched in assists in the victory as Kyle Tencza recorded six saves in the shutout.

### Football Scheduling Nightmare Creates Best Case

**November 6 – Oradell, NJ –** Since noon, BC has been a wild place to be. Dealing with Covid-19 challenges the best and it seems while hit after hit keeps coming, staying agile is helping Associate Athletic Director, Mr. McGovern and Coach Campanile create the best hopes for a strong end to the Crusader Football Season.



A disappointing phone call came from Jersey City, informing BC that there was a Covid-19 issue among the Marauder football team and Saturday's meeting of the #1 and #2 teams was not possible. This meant a second straight week without an opponent for BC.

But after some smart moves, the program created an opportunity to play the Don Bosco Football Game, next Saturday, November 14, rather than on Thanksgiving. BC will still travel to Delbarton School on November 21, but then will conclude its season with St. Peter's Prep on Saturday, November 28.

All of this will require a day-by-day preparation mentality and great mental and emotional toughness, but if anyone is up for it, our Crusaders are!

**BERGEN - BOSCO @ THE JACK - 11/14 - 1PM**

**BERGEN -@ DELBARTON - 11/21 - 1PM**

**BERGEN - PREP @ THE JACK - 11/14 - 1PM**

## Harriers Give Their All

**November 7 – Woodland Park, NJ** – The runners gave a full effort, leaving it all on the course on Saturday for the North Jersey Finale in unseasonably warm weather. An even 100 runners competed in the 14-team, 5000-meter race.

Owen McCarthy led the Crusaders, finishing 7<sup>th</sup> overall and 4<sup>th</sup> among seniors with a time of just over seventeen minutes. Even in the heat, McCarthy shaved 9



seconds off his Halloween time. There was about a 30-degree difference between last week and this, which says an incredible amount about his effort this weekend. Alex Costabile took 5 seconds off his time from a week ago.

Understandably, good times were at a premium in this race.

PL	NAME	GRADE	TIME	POINTS
7	Owen McCarthy	12	17:03.00	6
33	Alex Shaia	11	18:02.00	27
50	Alex Costabile	12	18:30:00	44
71	Matthew Marques	11	19:12.00	65
76	Miles Suitt	11	19:22:00	70
81	James Hughes	10	19:34:00	75
83	Nick Pesanello	11	19:36.00	77

The Freshmen made all of us proud in donning the Scarlet and Gold, recording solid places and times in a co-ed race with 72 runners competing. Congratulations to William Micholas and Elias Garcia, who each placed TOP 10 in the race!

PL	NAME	TIME
5	William Micholas	11:56
10	Elias Garcia	12:31
19	RAYMOND Stelmark	13:34
37	Ming Sung Kim	18:07

## Frosh Soccer Tie Union City 0-0

### As the Great Circle in the Sky Goes Down

**Nov 3 – Union City, NJ** – You remember it. It's that time when mom is ringing the bell and you have to leave the stickball game to go home to dinner. Yeah, that's the feeling. The Frosh soccer team had a lovely bus ride to Hudson County on Tuesday, but just didn't have enough daylight to finish a very fine game. Maybe the next article will have better news!

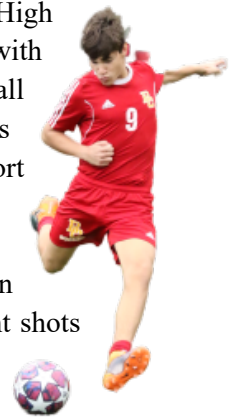
## Frosh Soccer Wins on the Road: Defeats Scotch Plains-Fanwood Raiders 2-1

**Nov 4 – Scotch-Plains, NJ** – Tyler Ferris continues to impress as the Crusader frosh travelled to Union County to take on Scotch Plains-Fanwood High School. Ferris scored 2 goals, starting with one in the first minute. Tyler stole ball from defender and scored just seconds into the match. He repeated his effort with causing a turnover and scoring in the second half for the deciding goal.

Andrew Blodgett played an incredible first half, turning away eight shots and allowing only one goal. In the second half, he did exactly what was required for the Crusaders to be victorious. He turned away the only shot he faced! Nine saves overall! Well done.

Justin Botta, Daniel Dictenberg, Jason Lessieu and Luca Nazor all put pressure on a very talented Raider goal keeper and helped BC control much of the tempo of the game.

Nicholas Angeli, Nico Angione, Matthew Avalone, Graham Ewers, Antonio Gomes and Aidan Hines helped with defense and transition to keep the Raiders at bay.



## JV Soccer Offense Stalls Against Northern Highlands

**November 7 – Allendale, NJ** – Jack Lindberg recorded two shots, but they were the only shots BC could muster against a dug-in Highlander defense. Daniel Morales had a strong day in the goal, saving four, but it was a day perfection was required.

The home team scored a first-half goal and as much as they tried, the JV just couldn't find the chemistry needed to generate a goal. We're very proud of our team and look forward them rebounding quickly as we know they will!



## JV Football Learns Value of a Point

**Nov 2 – Montvale, NJ** – The Crusader football team travelled to the land of the Jolly Green Knights and learned what all great teams learn at some point. Extra-points matter! Unfortunately, this was learned on the wrong side of the equation, BC dropping a 13-12 decision. The Crusaders played with great pride, however. Here are some highlights:



Joe Barry and a host of Crusaders yank down a St. Joseph ball carrier.



Saeed St. Fleur trying to stay in bounds for a couple of extra yards.



Sean Woods, Justin King and Michael Gentilello getting ready for the next play.



Richie Reid hauling in a pass from #16 Jack Duffy as Carmello Velardo #88 blocks in the background.

Photos, courtesy of Tracy Reid, CP '23

## Smile, Even if It Costs You a Cup

**November 8 – Ramsey, NJ** – I was getting some gas on Sunday morning after my quest for an appropriate Bird of the Week Photo and story. (I got one by the way as I'm sure you expected. It's a beauty!)



Anyway, I could find no clouds in the sky, the thermometer in my car read 74° and there was a man sitting in that little booth at the southbound Exxon station. His, was a middle-eastern, tired face that did not reflect the joy of the moment.

I smiled at him. It brightened his day. That brightened mine. We spoke about his country of origin, Turkey, and how proud he is to live in the greatest country in the world. THE USA!

He wished some people would appreciate it and knew if they visited some other countries, they might actually start to do that.

As the pump pours its final drop, he asks me to get him an XL coffee from Dunkin' Donuts with cream and sugar. He is the only one working and will be working into the night. He offers to pay, but it seemed silly for me to take the money if I was going to spend more money on gas in going to D&D and returning than just buying the coffee, so I figured I would be the Big Man on Mulberry Street and pick up a cup of Joe for my new nameless friend.

His smile greeted me as I returned.

This masked world we're living in is tough. Keep smiling!

## Who Remembers When?

November 8 – Clifton, NJ – The Parkway may have been my favorite road growing up. I would generally take it to get to BC, from Rt 17 NB to Pkwy NB to Exit 165 (there was no “A” designation at the time) on my way to school every day. More importantly, it was the road to the Jersey Shore!

Do you want to know how old I am?

HOW OLD ARE YOU?

I’m SO OLD, the exit at 165 was \$.10 when I was in HS.

So, I was talking with my father on my hand-free car phone system today as I exited at 153 from the Parkway South onto Route 3 East. SIXTY-FIVE CENTS! Yikes! That’s up 550% from whence I was just a child.



The Bergen Toll Plaza was \$.25. Before EZ-Pass, my friends and I would take turns with hook shots from the passenger-side windows to the basket. It’s now \$1.95. That means roughly a 680% increase. OK, OK. They took away the return tolls, but it’s still close to a 340% increase.

You high school guys...You’ll see. You won’t believe it can happen to you, but you’ll be saying stuff like this!

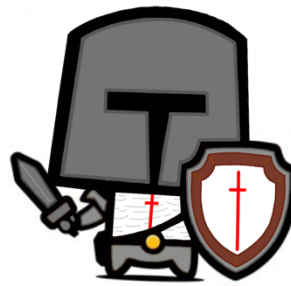
## Again with “Ryan”???

Nov 8 – Hillsdale, NJ – OK, it’s time to admit to some corrections. I should probably make this like 4-point font all the way at the end of the paper, but I actually spoke to someone who told me this was the best thing I ever wrote.

**I’m not sure how I feel about that.**




Anyway, this week RAYMOND STELMARK receives the CAPITAL RYAN AWARD. This was really bad on my part for numerous reasons, one of which being Raymond is one of my favorite freshman Religion I students. But really? RYAN Stelmark? It doesn’t even go? Sweeney is one thing, but there is no excuse with this one. *Verzeih mir bitte*. Oh, and if by chance, Ryan, your mother, father, sister or brother, cousins, or any other relatives are named Ryan Stelmark, I retract what I said about the names not going together. They actually sound quite lovely. I’ll stop now.

Other than that, I think I’m perfect. LOL. If you see something, say something. I’ll change it, starting with the punctuation of this title.



**TWIBC  
SPORTS**  
By Mr. Haemmerle

## UPCOMING SCHEDULE NOTES

Cross Country	<p>Increasingly, this column has become unreliable due to COVID-19 and the impact it has had on various opponents. What you need to know:</p> <ul style="list-style-type: none"> <li>• BC-Bosco Football is postponed this weekend</li> </ul> <p>Please check out the following QR Codes to take you to BC’s home pages for the various sports: Cross-country, Football and Soccer. Use your phone to take a picture of the code and you will be redirected there.</p>
	
Football	
	
Soccer	
	

## SOCCKER PLAYOFF SCHEDULE

Round 2 – November 17 (Tuesday) PC

@ The Jack! 2:00 PM

Round 3 – November 19 (Thursday)

Sectional Final- November 21 (Saturday)

**GO TO THE NEXT PAGE!!!**

**YOU DO NOT WANT  
TO MISS IT!!!**



## First, this...

### SLOW THE SPREAD OF COVID-19

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



Wear a mask  
In public places



Stay at least 6'  
from other people



Frequently wash  
your hands

Players: Continue to be responsible with your social life in order to help your team succeed. You have come very far and invested so much of yourself into this process. Please continue to respect that and keep your team safe.

We thank and encourage the rest of the student body for all of the sacrifices you've made to help keep you, your families and our community safe. There will be a time that life will get back to normal. Know that all of us want for you to have that type of experience once again!

## BIRD OF THE WEEK: BELTED KINGFISHER



**November 8** –  
**Allendale, NJ** – There are so many things I love about birding. That likely does not come as a surprise to many of you.

This weekend, there was a rare opportunity to bird in November. This is typically a busy time, but I was able to bird Cape May Point on Saturday and received a

text from a former teammate who asked to go out. What a great time to be able to spend with my good friend! We took to the paths and perches of the Celery Farm in Allendale, NJ.

The Celery Farm was an actual working celery farm at one point in history. It is currently a nature park where hundreds of species have been spotted throughout the decades.

As we made it half way around the park, we stepped off and took a bridge less travelled. It led us to a second pond to the north that was as still as a sheet of glass.

One of the things that drew me, was the familiar call of one of my favorite birds, the belted kingfisher. As we

noted the call, he asked the question... Why does it make that sound? This is one of the gifts of birding...you never run out of questions. I generally have a good answer like, "What do you call a deer that can't see?" "No eye deer?"

Don't even start me on that one. That could go on a while. But I revel in the ability to use this new invention called a google. I might even use an older invention called the *Roger Tory Peterson Field Guide to Eastern Birds*. Sometimes *Sibley's Field Guide* is a good resource and the mother of all (sans photos) is *The Birder's Handbook: A Field Guide to the Natural History of North American Birds*.

Forget google. Just remember Cornell University's [allaboutbirds.org](https://allaboutbirds.org). That's THE site. Look up any species and listen to its call. Read most of what you need to know about a bird to sound somewhat intelligent. It's awesome.



A friend described her as a punk rocker, with the funky doo atop her head. A considerably long bill gives this bird a unique appearance.

This is a relatively easy bird to sex, if you can get a good enough look at it. The female is actually the more colorful bird, with the lovely chestnut markings on her sides and belly. The males are purely white.

As our walk concluded, we took time to finish talking about our families, our hopes, our fears. We shared ourselves as friends do, reflecting on the role athletics plays in our lives and in the lives of our children.

While starting roles and winning games are nice, we agreed, the kingfisher could care less. That's not what gets her up in the morning, nor what keeps her sleepless at night.

It will be the health and well-being of her chicks and seeing them off, out of the nest so they can become their own kingfisher.

## Prayer of St. Francis

*Make me a channel of Your peace  
Where there is hatred, let me sow your love  
Where there is injury, your pardon, Lord  
And where there's doubt, true faith in You.*

*Make me a channel of Your peace  
Where there's despair in life, let me bring hope  
Where there is darkness, only light  
And where there's sadness, ever joy.*

*O Master, grant that I may never seek  
So much to be consoled as to console  
To be understood, as to understand  
To be loved, as to love with all my soul.*

*Make me a channel of Your peace  
It is in pardoning that we are pardoned  
In giving of ourselves that we receive  
And in dying that we're born to Eternal Life.*

*Amen*

## Blessed Edmund Rice Icon



**SOCIAL DISTANCE  
WEAR A MASK  
WASH YOUR HANDS**